

THE
DISTILLER
OF
LONDON:

With the CLAVIS to
unlock the deepest Secrets.
OF THAT
Mysterious Art.

WITH MANY
ADDITIONS

Of the most Excellent
CORDIAL WATERS
Which have been Pen'd
by our most able Doctors
and Physitians, Ancient
and Modern, Foreign
and Domestick.

Now published for the Publike good.

London, Printed for Tho. Huntington and Wil.
Nealand, and are to be sold at their
Shops in Duck-lane. 1652.



MVSEVM
BRITAN
NICVM



To the Company of

DISTILLERS OF LONDON.

Hereas our So-
vereign Lord
the KING s
most Excellent Ma-
jesty hath been graci-
ously pleased, by His
Royal Letters Patents
under the Great Seal
a 3 of

of ENGLAND; To Incorporate (together with us) the Distillers, &c. in and about London, into one intire Body Politique, and Company of Distillers of London: And amongst divers powers and immunities, unto us and our Successors by the said Letters Patents granted, His Majesty hath therein given special command,

That

That a Book of Rules
and Directions con-
cerning Distillation of
Strong-waters, &c. and
making Vinegars, &c.
should be compiled, and
by us approved and
allowed; as by the said
Letters Patents or
Charter of Incorpora-
tion, more at large doth
appear. In obedience
to His Highness said
Commands, this pre-
sent Book hath been

a 4 com-

composed, entituled,
T H E D I S T I L L E R
O F L O N D O N.
Which Book and the
Rules and Directions
therein contained, We
have examined and
corrected, and do well
approve and allow of
the same, and every
part thereof; signifying
and declaring, to the
whole Company of
Distillers and their
Successors (and whom-
soever

whomsoever else the
same may concern)
That the Rules and
Directions therein con-
tained , are good and
warrantable ; and may
safely be followed and
practised , by all the
Members of this Com-
pany , and their Succe-
fors , in preparing , com-
posing , distilling , and
making the several
kindes and sorts of
Wares , therein nomi-
nated

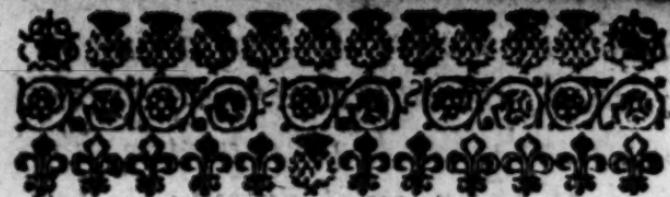
nated and expressed,
(and others of like na-
ture) And these several
kindes and sorts of
Wares and Merchan-
dises, being accord-
ingly, duly ordered and
made; cannot be other-
wise, then good, sound,
and warrantably mer-
chantable; and such as
may very well serve, to
and for most uses and
occasions, whereunto
any of those kindes and
sorts.

orts of Wares and
Commodities, are or
may be required ; as
well for spending with-
in any of His Majesties
Realms, Dominions,
and Plantations, &c.
as for victualling of
Ships, for any voyage,
or undertaking whatso-
ever ; and for transpor-
tation by way of mer-
chandise, into any the
parts beyond the Seas,
in the usual way of
Com-

Commerce and Trade.
In confirmation of the
reality hereof, we have
hereunto subscribed
our Names;

Theodorus de Mayerne, Regi-
arum Majestatum Medicus
primarius.

Thomas Cademan, Medicus
Regicus.



TO THE
Society and Company
of Distillers of London:
And to every particular
Member of the same.

The present Master, Founder,
Wardens, and Assistants of that
Company, wish increase of Know-
ledge, and Endless Happiness.

I have observed in
all Ages, that the most
excellent of Humane
Arts, that ever were
invented by the ingenuity of men
of the most infallible Judgements,
That even those Arts have not re-
tained their first perfection lon-
ger, then they have been confined
within the limits of their Au-
thors, or like Artists practice. For

A no

no sooner have they been divulged abroad, amongst the inconsiderate multitude, and so become the subject of their employments, but those Arts have been thereby exposed to eminent danger of being corrupted through blinde Ignorance, or wilful Error. Among the rest, (as a hereditary evil incident to all Arts) it may as truly be said of this Art and Mystery, the subject of our discourse; for no sooner was the practice thereof, taken up as the last refuge of men inexpert, and of decayed Fortunes, (who have (in all times) been ushered in, and instructed by such as themselves.) But forthwith it fell extreamly short of its former excellent esteem, and true perfection; and by degrees is grown so deformed, that Artists either do not, or rather are ashamed to acknowledge it, to be the same thing, so strangely is it transformed.

transformed. But our intentions
are not to upbraid the ignorance
or folly of any, but rather endea-
vor the information and direction
of such of our Members (as want-
ing the true knowledge of this
Art) have run into Errors and
Absurdities in their practices.
And for our more orderly procee-
ding in that behalf, have first
made diligent search, to discover
and finde out the causes of these
confused disorders, both in the
Trade, and amongst the practitio-
ners. And finde them principally
to arise from want of power to re-
gulate the true professors, and
means to suppress, or at least stop
the current of the disorderly and
inordinate intrusion of Interlo-
pers into the practice of this Art :
who by their preposterous ways of
working, and frequent use of
base and unsound materials,
have brought scandal, not

only upon the works of this Art,
(the Wares) but also on the Art,
and Artists themselves. For sup-
pression and future prevention of
such Delinquents, and their erro-
nious ways; and relief, and re-
formation of the present Distil-
lers, and their lawful Successors.
His Majesty hath been graciously
pleased, to supply us with the
means to perform both, by Incor-
porating us into one entire Body
Politique, and granting us and
our Successors, powers and im-
munities, tending to Reforma-
tion, and good Government for
time to come.

And being thus enabled by His
Majesties favor, and in obedience
also to His Highness Royal Com-
mands, (in the said Letters Pa-
tents) We have prepared and
made ready these Rules and Dire-
ctions following, aptly fitted and
composed, for the imitation and
practice.

practice of all the Members of
this Company, and their Success-
ors. And having therein reject-
ed and utterly forbidden, the use
of base unsound Materials and
Ingredients, and taken away the
abusive use, or mis-employment,
of those that are sound and war-
rantable. It now remains that
you, together with us, Do hence-
forth yeild all ready conformity,
to these Instructions and Directi-
ons, and rightly and duly put the
same in practice.

And as we (with constant re-
solutions) have hitherto under-
gone the care and trouble, of pro-
curing things tending to Refor-
mation and settled Government of
the Company; so now we expect
(as justly we may) that you will
second us, cheerfully with your
best abilities, to perfect and es-
tablish this good work.

In this Book we have purposely

A 3 incisted

incisted, principally on the most
inferior and ordinary sorts of
Wares, such as are most usually
required for Trade and Com-
merce, Foreign and Domestick.
And therein have applied our
selves, to accommodate all sorts
of people that shall have occasion
to use our Wares. And here it is
not amiss by way of Admonition,
to give a touch of what you are
(by our Charter and Ordinances)
strictly required and enjoyned to
observe and do; that is, That
neither the present Members of
this Company, nor any of them,
nor any of our Successors at any
time hereafter, under any pre-
tence whatsoever: Do presume to
distil or make any of the kindes
or sorts of Wares here expressed,
or any other sorts of like nature;
any way meaner, weaker, or other-
ways inferior to those here pre-
scribed. (For, by yeilding to
humor .

humor some sorts of people in that particular, of making poor conditioned Wares, it hath been the very bane of the Trade, and scandal to the Art, and Artists.) But you are not denied the making of any of these, or like kindes and sorts of Wares and Merchandises (according to Art) as much better, richer, or stronger, as you please. And to that purpose we have here made Provision, in some competent maner, to furnish you with Rules and Directions, to distil and make richer and higher prized Wares and Merchandizes of those kindes; as also for enriching and bettering of divers of those meanest sorts here set down; either by addition of greater quantities of the same, or more sorts of Ingredients; to the Rules whereunto those additions are properly referred: Unto which, if any shall yet desire to adde more, or other Ingredients,

A 4

They.

They ought to be persons so qualifi-
ed, and of such abilities, as are
able to give an Artlike account
for their so doing : Others, by tam-
pering, pretending to amend, will
rather indanger spoiling all. We
are here to admonish both our pre-
sent Members, and Successors al-
so, to disclaim the abusive practi-
ces of some of the Professors of
our Art ; who, either by giving
their undeserving Wares, Appel-
lations of note, proper onely to the
best approved Authors Rules and
Compositions, of this kinde, pur-
posely to delude the buyers, by such
their false glosses ; or else by add-
ing to their warrantable Wares,
impertinent (if not ridiculous)
titles, to the former (or worse)
ends. These abuses (being of scan-
dalous nature) if henceforth any
shall presume to commit, they are
to expect sharp reprehension, if not
punishment, for their folly and de-
ceipt :

ceipt: Also all the present Members of the Company, and our Successors, are to take special notice, That they are by the Ordinances, as also by their Oaths, strictly required, To place the true and proper names and titles of every sort of Wares (made ready and fitted for sale) respectively, upon each particular Vessel containing those Wares, standing in their Shops or elsewhere: As also, on all such Vessels of Wares as shall be put up for sale, or sold, in some evident place, and legible manner, that it may be visible to all whom it may concern; and that they also place their own proper Mark (allowed them out of the Hall) on all the vessels containing the waters they sell, in manner as by our Charter and Ordinances is required. And now to return to such as desire to imitate the best approved Authors in their titles;

titles; let not such, do those Authors the injury, to deprive them of the least jot of the true compositions proper to those titles; nor alter the nature of their excellent things, by unartlike or preposterous working. If you vary in any particular from their Rules, be sure to add to the excellency and goodness of the thing, else let their prescriptions be intire: otherwise you may undergo a censure, and deservedly suffer for your errors.

And bere our duty requires us all (that are Distillers by profession and Trade) to acknowledge with thankfulness, the great care and industry (in adding of divers excellent Rules hereunto, and circumspect perusal and correction of this Book) performed by the Right Worshipful Sir Theodore de Mayerno Knight, First Physician to the King and Queens most Excellent Majesty, Founder

and

and perpetual, principal Assistant
of this Company of Distillers :
And the Right Worshipful Doctor
Thomas Cademan, Physician to
the Queens most Excellent Ma-
jesty ; first, and present Master of
the same Company. And now
least we frame our gate over large
for our little City, we shall con-
clude with this one admonition,
That seeing we have here forbid-
den the use of unsound Materials
and Ingredients, and prescribed
for use, onely such as are sound
and warrantable.

If any Member of this Com-
pany or their Successors, having
these Directions (which all must
have and observe, that intend
to practice this Art) shall yet
notwithstanding, make unmer-
chantable Wares, of any of these
kindes, (or any other of like na-
ture) or Wares any way inferior to
these

these prescriptions : Such may deservedly , not onely undergo the censure of palpable ignorance , or malicious wilfulness ; but also justly suffer whatsoever by the Laws of the Kingdom , Ordinances of the Company , or otherwise , may be imposed or inflicted on them , for their delinquency . And so in assured confidence of the respective and willing conformity of you all , in all things ; do bid you all heartily farewell .

Thomas Cademan , Master .
Theodorus de Mayern , Founder .
Edward Hooker , Foulk Weyng-
leighton , Ralph Triplet , Wardens .
Will. Brouncker , Edw. Franckon ,
Henry Pinson , Roger Palmer , John
Brewer , Barnard Fountain , George
Snelling , John Bailey , Daniel Catt ,
Thomas Dallock , Henry Green ,
Thomas Coe , Francis Heath , Will.
Bess , John Woods , William Wilks ,
Henry Boyce , Hugh Boyer , John
Carwytham , Assistants .

THE

MOVED TO LONDON.

THE
DISTILLER
OF
LONDON:

OR,
Rules and Directions

For extracting and drawing off
Low-Wines and Spirits,

to be redistilled into
Rich-Spirits, Strong-Waters,
or *Aqua-vite.*

Hereas some of
the Professors of
Distillation, in
and about Lon-
don, have heretofore u-
B sually

The Distiller of London.
finally drawn Strong-wa-
ters and *Aqua-vitæ*, &c.
out of Wines, Low-wines,
and Small-Spirits, &c. by
one alone immediate ex-
traction, operation or
distillation, (contrary to
the most approved form of
working in this our Art)
and have been so opinion-
ated of their own heredi-
tary erroneous ways, that
they have esteemed the
maner and order here
taught, to be altogether
unnecessary and improvi-
dent, in that there is here
required Redistillation,
which they have ever
thought

thought to be superfluous: Not considering, that what they save by their seeming thrift, they lose double, in the excellency of their Wares, and otherwise. Wherefore that such may not only acquit themselves of an aspersion of ignorance (not undeservedly cast upon them), but also vindicate both their own, and the Companies reputation, for time to come: The Directions following, are henceforth by them and every Member of the Company, and

4 The Distiller of London.
their Successors; duly and
exactly to be observed
and practised from time
to time for ever hereafter.
~~as well as in old nob etc~~
That all Wines, Lees
of Wines, Low-Wines,
and Spirits, under proof
whatsoever (intended for
making of rich or high
Spirits, Strong-Waters,
or *Aquavite, &c.*) Be first
distilled, extracted, or
drawn into strong Proof-
Spirit, whereby they may
be corrected and cured of
their natural, harsh, dis-
tasteful, unsavory, or evil
qualities, before they be
com-

compounded with ingredients, or extracted and drawn into rich or high Spirits, Strong-waters, or *Aqua-vite*; according to Art, and ~~use~~ is required in the ensuing Rules.

And because many gross absurdities have been frequently practised, in adulterating some, and abusing others, of the materials used in Distillation, and otherwise by Distillers, by such as only respect their own particular gain, regarding neither the profit, or

The Distiller of London,
credit of Distillers that
have been necessitated to
make use of such their ill-
conditioned Wares :
Wherefore, that these
grievances may be re-
moved for time to come,
The Directions following,
are strictly to be observed
and practised by all the
Members of this Company
and their Successors, from
time to time for ever.

That no Afterworts or
Wash (made by Brewers,
&c.) called Blew John,
nor musty, unsavory, or
unwholesome Tinks, or
Dregs,

Dregs, or Beers, or Ale's
nor unwholsome, or adul-
terated Wines, or Lees of
Wines; nor unwholsome
Sugar-waters, i my, un-
savory, or unwholsome re-
turned Beer, or Ale; nor
rotten, corrupt, or unsa-
vy Fruits, Drage, Spices,
Herbs, Seeds, &c. nor any
other ill conditioned ma-
terials of what kinde so-
ever; shall henceforth be
distilled, or extracted, or
drawn into Small-spirits,
or Low-wines, or be any
other way used, directly
or indirectly, by any the
Members of this Com-

A 4 pany,

The Distiller of London.

pany, or their Successors,
at any time hereafter for
ever.

¶ And whereas of late
Atimes the Small-spi-
rits or Low-wines, made
and sold, as well in and
about London, as elsewhere
in this Commonwealth,
have been generally com-
plained of, for their mean,
weak, and poor condition;
whereby many inconveni-
ences have fallen upon most
of the *Distillers* in gene-
ral; And that not through
the alone practises of such,
as have no just title to, or
interest

interest in this Incorporation; but even by some of the Distillers themselfs, who notwithstanding their pretences, of being necessitated therunto have justly deserved reproof, for yeilding to be Actors in a thing of such ill consequence to Distillers in general. Wherefore, That those abuses and disorders may now be taken away, and the like prevented for time to come, the ensuing Rule, is duly to be observed and practised.

That

There no Small Spirits
or Low-wines, shall hence-
forth be distilled, extract-
ed, or made, and be allow-
ed to be sold, put to sale,
or used by any of the
Members of the Com-
pany, or their Successors;
But such onely, as out of
W^{ch}, by one alone redistil-
lation, extraction, or ope-
ration, may be produc'd in
quantity, at least one third
part thereof, of good
Strong Proof-spirit, such
as is required in the Rules
ensaining, for making rich,
or high Spirits, Strong-
waters, or *Aqua-vita*, &c.

under

under such pains, penalties, and punishments, as by the Laws of the Commonwealth, Ordinances, or Orders of the Company, or otherwise; may be imposed or inflicted upon the contemners, neglecters or opposers of these Directions.

The

THE NAMES OF THE SEVERAL WATERS AND SPIRITS, contained in this Book, Alphabeticallly express'd; according to their Latine Appellations.

Page.	Ratio hæbitat in hoc libro miscellaneo
v.	Aquæ aquæ,
v.	Aq. Angelica,
c.	Aq. Absinthii,
po.	Aq. Balsamine,
ya.	Aq. Caryophyllorum,
vo.	Aq. Caryophyllata,
ns.	Aq. Calendula,
ny.	Aq. Carii,
yt.	Aq. Cinnamomi communis,
ye.	Aq. Cinnamomi propriæ,
no.	Aq. Carminativa,
na.	Aq. Cutrupatum,
nc.	Aq. Diaphoretica,
vn.	Aq. Flotum,
vu.	Aq. Fructuum,
yr.	Aq. Fenneli dulcis,
nr.	Aq. Lavendula,
r.	Aq. Limonum, & Averantii,
a.	Aq. Melisse,
t.	Aq. Mentha,
	Aniseed-water, Angelica-water, Wormwood-water, Balsamint-water, Clove-water, Avens-water, Marigold-water, Caraway-water, Cinnamon-water common, Cinnamon-water proper, Wind-water, Sweat-water, Water to procure Sweat Water of Flowers, Water of Fruits, Sweet Fennel-water, Lavender-water, Lymon and Orange- waters, Balm-water, Mint-water,

The Table of several Waters.^I

Page. Rule.

yn. Aq. Majorana,	Majoram-water,
ny. Aq. Preciosa,	Precious-water,
nn. Aq. Nucis Moschata,	Nutmeg-water,
nt. Aq. Pestifera,	Plague-water,
c. Aq. Rosmarini,	Rosemary-water,
yc. Aq. Rosasolit.	Vulgarly so called,
uy. Aq. Rorin Sali,	Ros folis proper,
ys. Aq. Stomachica mi- nor,	Stomack-wa- ter small,
yy. Aq. Stomachica ma- jor,	Stomack-wa- ter great, comp.
nt. Aq. Anti-Scorbutica,	Scorbutical-water,
vt. Aq. Salvia.	Sage-water,
y. Aqua-vite,	Aquavita ¹ sorts,
n. Aqua-vite,	Aquavita ² sorts,
yu. Usquebach.	The Irish Appellation.

The

14
The Characters expressing the
quantities, qualities, and kindes
of Materials and Ingredients
used in this Work.

R. Recipe.	℞ Ounce.
Q. S. A sufficient quantity. ana Of each.	℞ Pound. ○ Roses.
S. A. According to Art.	℞ Gill-flowers
B. M. A hot Bath.	△ Poppy.
M. A handful.	♂ Sanders.
□ A Barrel.	♀♀ Rape.
Qu. A quarter.	♀ Malt.
gr. Grain.	* Hops.
♂ Dram.	A. Allum.

The Ten small *Italica* Letters (of the Alphabet) below, are in all respects to be esteemed and valued, in whole Numbers and Fractions; as the Numeral Figures and Cipher in Arithmetick are:

As in Example.

1, 2, 3, 4, 5, 6, 7, 8, 9, 0.

y n v o e a t e r s, THE.

29



THE
DISTILLER
OR,
LONDON:

Rules and Directions
for Preparing, Composing,
Distilling, Extracting, and
making of Rich-Spirits,
Strong-Waters, and
Aqua-vite, &c.

Rule I.

Ake strong Proof-spi-
rit, $\frac{1}{2}$ Es. $\frac{1}{2}$ E.
T Aniseeds bruised,
 $\frac{1}{2}$ y. S. A.
Distil them into
strong Proof-spirit, S. A.

C 2 II.

III

R. Strong Proof-spirit, Q. S.
Aniseed; R. n.

Aniseed

¶ v. **Я** Coriander **І** **анас**
Distil them into strong Proof-
spirit, &c. **Л** **ОНДІН**
ІІ.

III.

Q. S. Rx. Strong Proof-spirit, &c. Es.
 Aniseed the best, bruised
 & c.

Q. E. Distil them into strong Proof-
 spirit.

Q. E. Dulcifie with white Sugar, S. A
 & c.

IV.

X E.	R. Strong Proof-spirit, Q. S.
Ω n. or Ω	Angelica Roots, X 1/2, or
Ω yn.	Angelica Herb-green, X 1/2,
Ω y. & c.	Aniseed, S. y., T. g. &c. Slice

Slice the Roots thin, or bruse them and the Seeds.

Distil them into strong Proof-spirit.

Dulcifie with white Sugar, $\frac{1}{2}$ c. $\frac{1}{2}$ E.

V.

R. Strong Proof-spirit, $\frac{1}{2}$ Es. $\frac{1}{2}$ S.

Aniseeds best, brused, $\frac{1}{2}$ y. $\frac{1}{2}$ y. $\frac{1}{2}$ c.

Wormwood common, leaves and Seeds stript and dry,

$\frac{1}{2}$ n.

Distil them into strong Proof-spirit, $\frac{1}{2}$ A.

Dulcifie with white Sugar, $\frac{1}{2}$ c. $\frac{1}{2}$.

$\frac{1}{2}$ v.

VI.

R. Strong Proof-spirit, $\frac{1}{2}$ S. $\frac{1}{2}$ E.

Herb Balm dry, $\frac{1}{2}$ v. $\frac{1}{2}$ o.

Aniseeds, $\frac{1}{2}$ y. $\frac{1}{2}$ y. $\frac{1}{2}$ c.

Distil them into strong Proof-spirit, and dulcifie with white

Sugar, $\frac{1}{2}$ S. $\frac{1}{2}$ A. $\frac{1}{2}$ E.

C 3

VII.

X

stand so long and stirre

VII.

Q. S.

Rx. Strong Proof-spirit, & Es.

Ω v.

Speir Mint dry, & v.

Ω y. & c.

Aniseeds best, & y.

Distil them into strong Proof-spirit.

Q. S.

Dulcifie with white Sugar, & c.

VIII.

& E.

Rx. Strong Proof-spirit, Q. S.

Ω v.

Rosemary stript, dry, Ω vs.

Ω y. & c.

Aniseeds best, Ω ya.

Distil them into strong Proof-spirit.

Ω E.

Dulcifie with white Sugar, Q. S.

IX.

Q. S.

Rx. Strong Proof-spirit, & Es.

Ω v.

Lymon pils dry, St vs.

Ω y. & c.

Aniseeds best, St ya.

Bruise the Pils and Seeds.

Distil them into strong Proof-spirit, S. A.

Ω E.

Dulcifie with white Sugar, & c.

X.

Rx. Strong Proof-spirit, Q.S. ✕ E.

Speir Mint, dry.

Lovage Roots, dry.

Aniseedes, ~~ana~~ ✕ y.

Calamus Aromaticus.

Ginger.

Sweet Fennel Seeds.

Imperatoria Roots.

Wormwood dry, script,

~~ana~~, S.E.

Cariaway

Seeds, ~~ana~~, S. & C.

Coriander

Cumine Seeds,

Gloves, ~~ana~~, S.v.

Bruse them that are to be
bruised.

Distil them into strong Proof-
spirit, S. A.

Dulcify with white Sugar, ✕ c. S. E.

XI.

Rx. Strong Proof-spirit, ✕ E. Q.S.

Calamus Aromaticus, ~~ana~~ ✕ c.

C 4 Guaiacum

Guaiacum green Bark.

Avens Roots dry.

♂ v. Galingal, ana, & o.

Citron Pills dry.

Ornge Pills dry.

♂ n. White Cinnamon, ana, & v.

Wormwood Common dry.

Wormwood Roman dry.

Speir Mint.

Rosemary tops.

Costmary.

Sweet Marjoram.

Wilde Thyme, all dry, ana,

& x.

Nutmeg,

Cinnamon,

Cubeb

Cardamums,

Sweet Fennel

Seeds, ana,

Coriander

Aniseed, x y.

Bruise them all that are to be
bruised.

Distil them into strong Proof-
spirit.

Dulcifie with white Sugar, x ys.

S. A.

Recipiente Aquatilis

et Quinque

XII.

and Boil evan
the Root wate
her. Boil it wate
her. Boil it wate
her.

XII.

- R. Strong Proof-spirit, Q.S. x. ii.
 Sweet Marjoram dry, x. v. 1. c.
 Aniseedds, 1. y. a.
 Caruway, 1. o.
 Calamus Aromaticus, 1. x. 2. c.
 Bruise them.
 Distil, and Dulcifie, with white
 Sugar, Q.S. S.A. 1. x.

XIII.

- R. Strong Proof-spirit, x Es. Q.S.
 Aniseedds, x. y.
 Cloves, 1. n.
 Nutmeg. V X
 Ginger.
 Caruway Seeds, ana, 1. o. 2. v.
 Distil them into strong Proof-
 spirit, S. A.
 Then adde to the distilled water
 Licorice, spa. 1. ana, x. n. 1. v. 2. y.
 Raisins, sol. 1. ana, x. n.
 Bruise the Licorice and Raisins.
 Dulcifie with brown Sugar, x. c. 1. E.
 Stir them well together, and so
 let

The Distiller

let it stand ~~xx~~ days, and then
being fine, draw it off, and
keep it for use.

XIV.

X E.	R. Strong Proof-spirit, Q.S.
Ω v. ♀ y.	Balsamint dry, X w.
Ω y. ♀ c.	Aniseeds best, X y.
♀ v.	Cariaway Seeds, Ω o.
♀ a.	Limon Pills dry, Ω E.
	Bruse them that are to be brused.
	Distil them into Proof-spirit.
Ω E.	Dulcifie with white Sugar, X c.
	S. A.

XV.

Q. S.	R. Strong Proof-spirit, X Es.
♀ a.	Cinnamon of the best, Ω E.
♀ y.	Cloves, Ω n.
	Nutmegs.
	Ginger.
♀ v.	Cariaway Seeds, ana, Ω o.
	Marygold Flowers.
Ω y. ♀ c.	Aniseeds, ana, Ω y.
	Bruse them.

Distil

Distil them into strong Proof-spirit, S. A.

Then add to the distilled water

Licorice Spanish, x. y. 2 y. & c.

Rayfins, sol, ^{Anna,} x. c. 2 E.

Brown Sugar, ^{Anna,} x. c. 2 v.

Bruise the Licorice and Rayfins.

Stir them well together, and let them stand, yn. days, then being clear, it may be drawn for use.

XVI.

R. Strong Proof-spirit, Q. S. x. E.

Cloves of the best, ys. 2 y.

Aniseeds, 2 y. & c. 2 y. & c.

Distil them into strong Proof-spirit.

Dulcifie with white Sugar, x. c. 2 E.

XVII.

R. Strong Proof-spirit, x. Es. Q. S.

Cinnamon of the best, x. c. 2 E.

Aniseeds, 2 y. & c. 2 y.

Distil

The Distiller

Distil them into Proof-spirit,
S. A.

S. y. n.

Dulcifie with white Sugar, $\frac{1}{2}$ v.**XVIII.**

x E.

R. Strong Proof-spirit, Q. S.

S. y. a.

Cinnamon bark large, $\frac{1}{2}$ yds.Distil them into Proof-spirit,
S. A.

S. m. s.

Take white Sugar, $\frac{1}{2}$ yds.

S. a. & v.

Rose water, $\frac{1}{2}$ o.Make them into a Syrup, and
dulcifie therewith, S. A.**XIX.**

Q. S.

R. Strong Proof-spirit, $\frac{1}{2}$ Es.

S. E.

Sweet Fennel Seeds, $\frac{1}{2}$ c.

S. u.

Caraway Seeds, $\frac{1}{2}$ o.

S. y. & c.

Aniseeds, $\frac{1}{2}$ yds.

S. E.

Distil them into Proof-spirit.

Dulcifie with white Sugar, $\frac{1}{2}$ c.**XX.**

XX.

R. Strong Proof-spirit, $\frac{2}{3}$ S. $\frac{1}{2}$ E.
 Marigold flowers, new ga-
 thered, pickt clean, $\frac{1}{2}$ pecks
 heaped. $\frac{2}{3}$ S.

Bruse them.

Sweet Fennel seeds.

Aniseeds, $\frac{1}{2}$ oz, $\frac{1}{2}$ ys. $\frac{1}{2}$ x.

Distil them into strong Proof-
 spirit.

Dulcifie with white Sugar, $\frac{1}{2}$ c. $\frac{1}{2}$ E.

XXI.

R. Strong Proof-spirit, $\frac{1}{2}$ Es. $\frac{2}{3}$ S.
 Caruway seeds, $\frac{1}{2}$ vs. $\frac{1}{2}$ v.
 Aniseeds, $\frac{1}{2}$ ys. $\frac{1}{2}$ y.
 Rosemary dry, $\frac{1}{2}$ o. $\frac{1}{2}$ v.
 Limon pills dry.

Cloves, $\frac{1}{2}$ oz, $\frac{1}{2}$ v.

Distil them into Proof-spirit,
 S. A.

Dulcifie with white Sugar, $\frac{1}{2}$ c. $\frac{1}{2}$ E.

D.

XXII.

XXII.

- X E. R. Strong Proof-spirit, Q. S.
 S. v. Nutmegs best, Q. vs.
 S. y. Aniseeds, g. y.
 Bruise them.
 Distil them into Proof-spirit,
 S. A.
 S. E. Dulcifie with white Sugar, X c.

XXIII.

- Q. S. Rx. Strong Proof-spirit, X Es.
 Roots Enulacampaña.
 Avens.
 Angellica.
 Cyperus.
 Calamus Aromaticus.
 Sassafras, ana, & c.
 Zedoary }
 Galingal } ana, & o.
 Cassia Ligneæ.
 Lignum Rhodium.
 Yellow Saunders, ana, S. v.
 Citron } pills dry, ana, & a.
 Orange }
 Cinnamon

Cinnamon white.	12
Nutmegs.	12
Maces.	12
Ginger, ana, ℥ c.	12
Cinnamon best, ℥ no.	12
Cloves.	12
Cardamums.	12
Cubebes, ana, ℥ n.	12
Sweet Chervile.	12
Basil. ana, ℥ v.	12
Seeds Coriander	12
Sweet Fennel	ana, ℥ ys 12 y.
Anise, ℥ n.	12
Bruse them.	
Distill them into Proof-spirit, and dulcify with fine Sugar,	
yc. S. A.	12 no.
Let it stand till it be fine, then draw it off, and add Musk,	
12 y.	gr. 12.
Ambergreece, 12 o.	gr. no.
Then let it clear, and draw it for use.	

XXIV.

R. Strong Proof-spirit, Q. S. x E.
 Enulacampaña Roots dry.
 D 2 Anise-

S. y. & c.

S o :

S v .

S t .

S v .

S n .

S y .

S y .

Aniseeds, ana, X y.

Ciperus Roots.

Bark, of the Roots of Bay-tree, or as much leaves.

Sassafras with the Bark.

Cinnamon white, ana, S. a.

Calamus Aromaticus.

Ornge Pills dry, ana, S. o.

Clary.

Mints red.

Callamint.

Elder flowers, ana,

Camomiles, S. c.

Sweet Fennel

Seeds Caruway

Angelica

Coriander Seeds.

Cardamums.

Cubebs.

Grains of Paradise.

Cloves.

Ginger, ana, S. n .

Pepper white

long

Bruse them all grossly.

Distil them into strong Proof-spirit, S. A.

Dulcifie with white Sugar, X y s.

Draw

Draw it for use, when it is perfectly clear.

XXV.

- R. Strong Proof-spirit, \times Es. Q. S.
 Butter-bur Roots, dry, \times π . $\text{S}.\text{v}$. $\text{S}.\text{y}$:
 Valerian (common) Roots.
 Aniseed, ana, \times y. $\text{S}.\text{y}$, $\text{S}.\text{c}$.
 Vincetoxicum Roots.
 Sassafras Roots, with the
 Bark, ana. $\text{S}.\text{E}$.
 Angelica Herb, dry. $\text{S}.\text{y}$.
 Carduus Benedictus.
 Great Valerian, Herb and
 Roots, all dry.
 Scordium, ana, $\text{S}.\text{y}$. $\text{S}.\text{y}$. $\text{S}.\text{y}$.
 Cowslip flowers, ana,
 Marigold. $\text{S}.\text{y}$.
 Juniper Berries, $\text{S}.\text{n}$. $\text{S}.\text{y}$.
 Bruise them all.
 Distil them into Proof-spirit.
 Dulcifie with fine white Sugar, $\text{S}.\text{y}$.
- S. A. \times ys.

XXVI.

- R. Strong Proof-spirit, Q.S. \times E.
 D 3 Juniper

N v. & y.	Juniper Berries, &c n.
N y. & c.	Enulacampana Roots, dry, & y.
& v.	Calamus Aromaticus.
& y.	Gallingal, ana, &l o.
& y.	Wormwood
& y.	Speir-mint
& y.	Red Mint, all dry
& y.	Caruway
& y.	Angelica
& y.	Sassafras Roots, with the Bark.
& n.	White Cinnamon, ana, &l v.
& o.	Nutmegs
& a.	Maces
& o.	Ginger
& a.	Cloves
& o.	Red Poppy flowers, &c o.
	Aniseeds, & n.
	Bruse them all.
	Distil them into strong Proof- spirit.
N y.	Dulcifie with white Sugar, & y.

XXVII.

Q. S. R. Strong Proof-spirit, & Es.
 N v. & y. Horse Redish Roots, dry, & n
 Enula-

Enula campania Roots, dry.

Anise seeds, ana, ℥ y. ℥ y. &c.

Water }

Winter } Cresses.

Garden }

Tarragon.

Balsamint.

Scurvy-grass (Garden)

Wormwood.

Brook-lime.

Trefoyl (Water)

Sweet Chervile, ana, ℥ a. ℥ v. &c.

Arsmart, ℥ E.

Musterd

Bank-cress } Seeds, ana,

Rocket }

Redish

Citron

Orange }

Pills, dry.

Cinnamon (white)

Maces, ana, ℥ a.

Bruse them all.

Distil them into strong Proof-spirit, S. A.

Dulcifie with white Sugar, Q. S. ℥ y.

For use, take t. parts of this Spi-

rit, and y. part, of Juice of

Limons (or more) mingle

D 4 them

them together, and dulcifie it
with white Sugar, Q.S. S.A.

XXVIII.

X E.	R. Strong Proof-spirit, Q.S.
Q.y. &c.	Butter-bur Roots dry, X.y. Garden Valerian Roots Commons dry.
	Angelica Roots } Imperatoria } Gentian } ana, Q.c.
	Enulacampana } Snake-grass Roots } Contra yarva }
	Zedoary } ana, X.y. Gallingal }
	Rue leaves dry } White Horehound } Scordium } ana, Q.c.
	Carduus Benedictus }
	Elder Flowers }
	Lavender } ana, Q.v. Maces }
	Citron Pills dry.
	Juniper Berries, ana, Q.E. Green Walnuts, with the husk, X.y.

Venice

Venice Treakle }
 Mithridate }
 Aniseed best, ✕ y. }
 Campheir, ȝ. y.

Bruse or slice them, as is most
proper.

Distil them into strong Proof-
spirit, S. A.

Dulcifie with white Sugar, ✕ ys. Q. S.

For use, let the party infected

Rx of this water, ȝ. y. mingled
with warm Posset-drink, (or
any water proper in that case)
and be kept very warm and
sweat well thereupon.

XXIX.

Rx. Strong Proof-spirit, ✕ Es. Q. S.

Lavender leaves dry, ✕ v. ȝ. o. y.
 Lavender flowers dry, ✕ n. ȝ. v. y.
 Maces, ✕. or ȝ. a.
 Nutmeg, ✕. y. ȝ. c.
 Lavender Cotton dry, ✕ n. ȝ. v. y.
 Stoechados, ✕. ȝ. a.

Bruse them that are to be brused;
 Distil them into Proof-spirit,
 S. A.

Dulcifie

N. 24. Dulcifie with white Sugar, Q. S.

XXX.

X E.	R. Strong Proof-spirit, Q. S.
No: 2	Great Sage dry, X v.
N. v. 2	Red Sage dry, X n.
2 y: 2	Lavender } flowers, ana, X y.
2 a:	Sage }
Q. S.	Lavender Cotton } dry, ana Southern Wood } N.E. Nutmeg, N. ys.
	Bruse or beat them as is most proper.
	Distil them into Proof-spirit, S. A.
N. 24.	Dulcifie with white Sugar, Q. S.

XXXI.

Q. S.	R. Strong Proof-spirit, X Es.
	Ros solis, gathered in due season, and clean pickt, X o.
No: 2	Juniper Berries, X v.
No: 2	Sassafras Roots, with the Bark.

Caryway

Caraway Seeds, $\text{anf}, \times y.$

$\text{v}^{\frac{1}{2}}$.

Marygold flowers, $\times y.$

$\text{v}^{\frac{1}{2}}.$

Aniseeds, $\times y.$

$\text{v}^{\frac{1}{2}}.$

Bruse them that are to be brufed.

Distil them into strong Proof-spirit, S. A.

Take hereof $\times t.$ adde thereto $\times y.$ of Aqua Number nv. dulcified.

Licorice brused, $\times y.$

$\text{v}^{\frac{1}{2}} \text{ v}^{\frac{1}{2}}$

Dulcifie with white Sugar, $\times ys.$

Q. S.

If you adde none of the aforesaid water, then in stead thereof R. Musk, $\text{v}.$

Amber-greice, $\text{v}.$

Colour it with the tincture of U or O , Q. S. S. A.

XXXII.

R. Strong Proof-spirit, Q. S. $\times E.$

And put it into a wide mouthed Pot (or other vessel) stop very close.

R. Those several flowers following in their seasons, and being clean picked, put them

to

to your Spirit in your Pot;
viz.

Cowslips.

Woodbine.

Stock Gilli-flowers, of all
three sorts.

Damask } Roses.

Musk }

Sweet-Bryer flowers.

Clove Gilli-flowers.

Lillium Convallium.

Jasmine,

Citron } flowers (or Pills

Ornge } dry)

Tillia flowers.

Garden }

Limon } Thyme, flowers.

Wilde }

Lavender }

Marygold }

Camomile } flowers, nra

Mellilot }

Elder }

Being furnished with all your
flowers as above, when you
would distil them, adde to
them.

A v. & yz.

Aniseedseeds, x n.

Coriander,

Coriander, $\frac{1}{2}$ y.

$\frac{1}{2}$ y. &c.

Bruse the Seeds.

It were best to bruse all the flowers, as you put them up into the Spirit, for their more orderly working.

Distil them into strong Proof-spirit, S. A.

Then adde to the distilled water

O, V, and Elder flowers, ana,

$\frac{1}{2}$ y.

$\frac{1}{2}$ y. &c.

After yn. days infusion, it may be drawn off.

Then dulcifie it with white Sugar, $\frac{1}{2}$ ys.

$\frac{1}{2}$ y.

And being fine, may be drawn for use.

XXXIII.

R. Strong Proof-spirit, $\frac{1}{2}$ Es.

Q. S.

Juniper Berries, $\frac{1}{2}$ o.

S. a. & v $\frac{1}{2}$

Quince parings dry, ana,

Pippin $\frac{1}{2}$ $\frac{1}{2}$ n.

S. v. & y $\frac{1}{2}$

Limon $\frac{1}{2}$ Pills dry, ana,

Orange $\frac{1}{2}$ S. ya.

S. y. & c.

Nutmeg, S. o.

& v $\frac{1}{2}$

E.

Anise

R. v. 8 yd.
8 yd.

Anise-seeds, ℥ n.
Cloves, ℥ n.

Distil them into Proof-spirit,
S. A.

¶ L.

To the Spirit, add

Straw-berries { bruised, ana,
Raspberries } ℥ c.

Stir them well together, and af-
ter ys. days, it being cleer, may
be drawn off.

Then dulcifie it with Sirup
made, as hereafter is taught.
And so let it stand till it be
cleer; and then draw it off
for use.

X X X I I I.

X E. Rx. Strong Proof-spirit, Q. S.

¶ a. 8 v.

Avens Roots, ℥ o.

Orris Roots

Nutmeg { ana,
Yellow Saunders } ℥ n.
Maces

Lignum Rhodium }
Saffron } ana,
Storax } ℥ y.

Benjamin }
Angelica

Angelica Roots,	S. v.	℞ n ^o
Limon Pills green,	X ⁿ	℞ a ^o
Sweet Fennel Seeds,	ana,	
Anise	℞ H.y.	S. y. & Q. c.
Cloves,	S. y.	S. y.
Romain Wormwood.		
Mint dry,	ana, M. v.	
Stoechas flowers.		
Red Roses,	ana, M. o.	
Sweet Marjoram		
Balm		
Burnet		{ ana, M. u. Q. S.
Thyme, all dry		
Alkermes Berries,	S. n.	℞ y ^o
Bruse them all that are to be bruised.		
Distil them into Proof-spirit.		

S. A.

Dulcifie with Sirup thus made.

℞ Rose-water,	H. o.	S. a. & v ^o
White Sugar,	X. ys.	Q. S.
Boyl it to a Sirup hight, then strain it, and put it on the fire again ; adde thereto,		

Confection of Alkermes ,

S. o. ℥ v^o

Sirup of Gilli-flowers ,

X. y. S. y. & C.

E 2 Amber-

Amber-greice (dissolved in
Rose-water) & y.
gr. a.

And so let these boyl a little,
till they be incorporated
with the Sirup, and so keep it
for use.

AD-



41

ADDITIONS

To enrich those precedent Rules, to which
(by Numbers) these are referred; *viz.*

To Rules.

I and II.

Rx ¼, 0, Δ, and ♂, or any of them severally, Q.S. And infuse them in *Aqua-vite*, or Proof-spirit, till the tincture be drawn out; then draw off your Spirit, and reserve it (close stopt) for use.

When you have occasion to use it, take ȝ E, thereof to ȝ r; of this water, and that will give it a sufficient colour, or you may take more at pleasure, without inconvenience.

E 3

III.

III.

R Aniseseeds
 S E. White Sugar, $\begin{cases} \text{ana, } \times \text{c.} \\ \text{Q.S.} \end{cases}$ (or
 S.A.)

IV.

$\gamma^n:$ R Caruway $\begin{cases} \text{Seeds, ana, S v.} \\ \text{Coriander, } \text{S v.} \end{cases}$
 $\gamma^v:$ Calamus Aromaticus.
 $\gamma^z:$ Zedoary, ana, S o.
 $\gamma^a:$ Aniseseeds.
 $\gamma^a:$ Cassia Lignea, $\text{ana, } \times \text{c.}$
 $\gamma^a:$ Angelica Roots, S.E. (or
 (S v. $\times y^z$) Herb Angelica, $\times n.$)
 S o. White Sugar, $\times n^z$ (or Q.S.)

V.

R Cinnamon.
 $\gamma^v:$ Cubebas, ana, S o.
 $\gamma^a:$ Sweet Fennel Seeds, ana,
 Anise $\begin{cases} \text{S } \times \text{c.} \\ \text{Cloves} \end{cases}$

Cloves	{	ana, ℥ v.	2 n.
Caruway Seeds			
Nutmegs	{		
Wormwood dry, ℥ ys.		℥ y.	
White Sugar, ℥ n.		℥ o.	

V I.

Rx Thyme, Garden.

Peny Royal, ana,	M v.	Q. S.
Cardamums,	℥ n.	2 y.
Anise	Seeds, ana,	
Sweet Fennel	{ ℥ n.	2 a.
Balm dry, ℥ y.		℥ p. 2 c.
Nutmeg	{	
Ginger	{	
Calamus Arom.	{ ana, ℥ o. 2 v.	
Galingal	{	
Cinnamon	{	

V II.

Rx Anisefeeds

Speir-Mint dry	{ ana, ℥ y.	℥ y. 2 c.
Calamus Aromaticus,	℥ o. 2 v.	
White Sugar, ℥ n.		℥ o.

VIII.

	Rx	Sweet Fennel Seeds,	<i>ana</i> ,
℞		Cinnamon	<i>ſ E.</i>
		Aniseſeeds	<i>ana</i> ,
℞		Rosemary dry,	<i>xy.</i>
℞		Caruway, <i>q n.</i>	
℞ S.		Speir Mint dry, <i>Mn.</i>	
℞ o.		White Sugar, <i>x n.</i>	

IX.

℞ i.	Rx	Caruway Seeds,	<i>q o.</i>
℞ y. ℥ c.		Aniseſeeds	<i>ana</i> ,
℞ o.		Limon Pills dry,	<i>ana, xy.</i>
		White Sugar, <i>x n.</i>	
In like maner, and quantities, make your Composition, with Orenge Pills dry, <i>S. A.</i>			

XII.

℞	Rx	Cinnamon,	<i>q C.</i>
℞ y.		Claves,	<i>q n.</i>
℞ n.		Limoñ Pills dry,	<i>q n.</i>
℞ o.		Sugar, <i>x n.</i>	

XIV.

XIV.

Rx Sweet Fennel	$\left\{ \begin{array}{l} \text{Jana, } \text{S.C.} \\ \text{Cinnamon} \end{array} \right.$	S.C.	S.C.
Cinnamon			S.C.
Nutmeg,	S.V.		S.C.
Sugar, X n°			S.C.

XV.

Rx And adde to the Spirit ; as much as the Rule, of every particular Ingredient therein expressed. And instead of δ , give it the tincture of \mathcal{Y} , \odot , or Δ , Q.S. S.A.

XVIII.

Rx Musk
 Amber-greice $\left\{ \begin{array}{l} \text{Jana, } \text{S.C.} \\ \text{and, gr. v.} \end{array} \right.$
 White Sugar-Candy , instead of common white Sugar, Q.S. S.A.
 In respect that Musk, in some cases, may give offence to the Receiver,

Receiver; it is requisite to omit those thereof, in some of your water of this kinde, to serve for such special uses.

XIX.

$\text{X} \frac{1}{2}$	Rx Sweet Fennel Seeds, X c.
$\text{v} \frac{1}{2}$	Caruway Seeds, v l o.
v y c.	Aniseedes, X y.
$\text{a} \frac{1}{2}$	Cinnamon, v l E.
$\text{y} \frac{1}{2}$	Cloves, v l n.
l o.	Sugar, X n.

XX.

$\text{l} \frac{1}{2}$	Rx Cinnamon $\begin{cases} \text{ana}, \\ \text{Sweet Fennel } \end{cases} \text{v l c.}$
$\text{y} \frac{1}{2}$	Caruway $\begin{cases} \text{ana}, \\ \text{Cloves } \end{cases} \text{v l n.}$
Q. S.	Marygolds, Gallons, n.
v l o.	Sugar, X n.

XXIII.

The Sirup for dulcifying this water, is thus to be made.

R A-

Apricotes
Quinces
Cherries
English Currans

{ana,

Q. S.

All full ripe, and of equal weight, when they are thus prepared as followeth.

Pare the Quinces and Apricotes, and take out the stones and kernels, and slice them very thin; stone the Cherries, and bruse them, and the Currans; then lay them into a flat Bason or Pan, thus: A lane of fruit of a fingers thickness, and then a lane of white Powder-Sugar of like thickness; and so proceed in order, lane upon lane, till all be laid into the Bason; then pour on gently, good *Aqua-vite*, till all be covered therewith, and so let it stand hours, n. Then bruse or posir them all together, and press out the Juice as dry as possible you can thorow a thick linnen bag; then take the Juice, and let it stand

stand till it be settled cleer,
which Juice by a gentle exala-
tion in B. M. boyl up to a
Sirup hight, S. A. and keep
it for use.

To every $\frac{1}{2}$ E of the Spirit, put
 $\frac{1}{2}$ y of this Sirup ; and when
it is cleer, draw it off for use.

Rules

Rules and Directions
For the Company of
DISTILLERS
OF
LONDON,
In general.

But more especially for
such of them, as now do,
or hereafter shall, make
Vinegars, &c.

Hereas upon due
examination it
hath plainly ap-
peared, That
many insufferable incon-
veniences

58^A *The Distiller of London.*
veniences have of late fallen
upon this Company, and
their Trade, in general;
by reason of the disorderly
and abusive expence
and employment of Brew-
ers After-Worts (called
Wash;) Insomuch, that
thereby not onely those
of this Company that
have had no hand herein,
but even the Distillers
themselves that have been
the Delinquents, have in-
tolerably suffered both in
their Reputation, and
great decay of their
Trades, by these their a-
lone inconsiderate practi-
ses.

ses for Reformation of
the present disorders and
abuses, and future preven-
tion of the like. These
ensuing Admonitions and
Directions, are strictly to
be observed and practised,
viz. That no Member or
Members of this Com-
pany, or their Successors,
nor any of them, at any
time hereafter, for ever, by
any way or means whatso-
ever (directly or indirect-
ly) shall or may, use, dis-
pose, convert or employ,
any After-Worts (or

Wash, made by Brewers or others) into Vinegar, Beer-egar, or Ale-egar, or either of them ; or to or for any other use or em- ployment whatsoever, ex- cept onely to distil the same into Low-Wines or Spirits , to be redistilled into Proof-spirit, for the uses aforesaid, according to the true intent and meaning of these Direc- tions , As they and every of them respect their Oaths, by them taken(when they were made free, and recei- ved into this Incorporati- on;) And will undergo the

the penalties provided, or
to be provided, by the
Ordinances of this Com-
pany, or otherwise, to be
imposed, or inflicted on
the Contemners, Neglect-
ers, or Opposers hereof.

This Distillery is to be
under the Government of

the Distiller, and

the World **Rule I.**

and to be observed by all persons

Provide three sweet
Tuns (or smaller
Casks) place them orderly
on Scantlings; provide
good sound white w, and
such well w conditioned
liquid Materials as are

proper

CKW

F 3

proper for this use, Q. S.
(not musty in any case.)
Then number your Tuns,
1, 2, 3. Fill Tun 1, with
v, within a inches of the
Bungue, stop the Bungue
with Cork or Wood very
close, and let it stand, and
in few days it will gather
heat, then being conveni-
ently hot, I fill up the Ves-
sel within v. inches of top
full, with your liquid Ma-
terials; without Dregs;
stop it close again. And at
that instant, in like maner
as before, fill Tun 2, with
v, after a few days, that
will be hot as the former

was, then finding it conveniently hot, draw of Tun 1, and put it into Tun 2, and stop both close: At the present fill Tun 3, with ψ , and order it in every respect, as you did the former. And when Tuns, 1 and 3, have gathered heat sufficient, fill up Tun 1, with fresh Liquor (as at first) and draw of Tun 2, and put it into Tun 3, and so let Tun 2, gather sufficient heat again: Then draw of Tun 1, and put it into Tun 2. And at that present, you may draw off Tun 3, and

F 4 put

put it into a store Cask; for having passed three times through the ν , is thereby become to be good merchantable Ware.

And so in like order, supply one Vessel from another, till you have finished your work, *S. A.*

When all your liquid Materials are spent, so that you have no more to continue your work, then be sure your Tuns stand neer full, till you are provided of more Liquor, to put upon your ν ; for if your ν (standing dry) should wax hot, you having nothing

thing proper to supply
the same, your w^m will soon
decay, and be utterly
spoiled.

In Summer or warm
weather, the w^m will gather
sufficient heat in 2 or 3
days; but in Winter it
will require more time.

Rule II.

TAKE ns Qr. of good
found ♀, convert it in-
to yss, □, of good servicea-
ble Ware (at the most) you
must allow to this quanti-
ty,

582 The Distiller of London
ty, good sweet & at least
x ca. III And being well
wrought Sd A put it into
sweet Cask (Sweet Oyl
Buts are best) fill them
within E inches of the
Bungues (being laid upon
Scantlings in the Sun) let
not the Head work over
at the Bungues, and it will
sink to the bottom. Pre-
pare little covers of wood
fit to cover the Bungues,
and larger covers to lay
over them, to defend it
from Rain falling into the
Cask. Let the Bungues
stand open onely, when
the Sun shines hot upon
the

the Cask ; but in close or wet weather and nights, let both covers be always kept on.

When the first Head of the Liquor is fain, then draw it from the Lee, into another clean sweet Cask; & so afterwards from Cask to Cask, as there shall be cause, till it come to perfection : Then draw it off into other sound Cask , and so House it for use.

The largest Cask are the fitteſt to Houſe, and keep Wares in for ſtore.

If your Wares grow long and ropy, then put a fit

fit quantity of *A* into it,
work it well together,
S. A. and it will grow
short again.

A
C A T A L O G U E
O F T H E
Materials and Ingredients
used in the precedent
R U L E S.

R O O T S.

A *Ngelica*
Avens
Butter-Bur
Calamus Aromaticus
Cyperus, long
Contra-yerva
Enula-campana
Galingal
Gentian
Ginger
Horse Radish
Imperatoria
Licorice
Lovage
Orris

G *Saffafraſt*

A Catalogue.

*Sassafras**Scordium**Snake-grass**THUGONIATACO**Valerian* { *Common**Garden*{ *Great**Vincetoxicum**Zedoarin.**23 JULY*

WOODS.

*Lignum Rhodium**Saunders* { *Red*{ *Yellow*

BARKS and PILLS.

*Bay-tree Roots**Cassia Lignea**Cinnamon* { *Common*{ *White**Citron**Guaiacum**Limon**Orente**Pippins**Quinces*

Quinces

Sassafras

HERBS.

Angelica

Arsmart

Bay-leaves

Balm or Bawm

Burnet

Brooklime

Balsamint or Costmary

Carduus Benedictus

Chervile, sweet

Clary

Calamint

Cresses

<i>Water</i>	<i>Garden</i>
<i>Garden</i>	
<i>Winter</i>	

Bank

Costmary or Balsamint.

Horehound, white

Lavender leaves

Lavender Cotton

Mint

<i>Speir.</i>	<i>Red</i>
<i>Red</i>	

G 2 Marjoram

A Catalogue.

Marjoram, Sommer

Peny Royal

Rosemary

Rocket

Ros solis

Kue

Sage { *Red*

{ *Great*

Scurvy- { *Common*

grass { *Garden*

Stæchados

Southernwood

Scordium

Thyme { *Wilde*

{ *Garden*

{ *Limon*

Tarragon

Trefoyl, Water

Valerian, great

Worm- { *Common*

wood { *Romane*

FLOWERS.

Cowslip
Citron

Camomile

Camomile
Elder
Gilliflower, Clove
Gilliflowers, Stock, three sorts
Jasmine
Lavender
Lillium Convallium
Marygold
Melilote
Orange
Poppy, Red
Roses { Red
Damask
Musk
Bryer
Saffron
Sage
Stachas
Tilia or Linden-tree
Thyme { Garden
Limon
Wilde
Woodbine (or Honey-fuckle.)

SEEDS.

A Nise
Angelica
 Basil
Caraway
Cardamums
Cress, Bank
Chervile, sweet
Coriander
Cumin
Fennel, sweet
Grains of Paradise
Mustard
Radish
Rocket
Scurvy-grass, Garden
Wormwood, common.

FRUITS.

A Pricotes
Alkermes Berries
Barley, Maulted
Bay Berries.

Cardamums

A Catalogue

67

Cardamums
Cherries
Currans { Foreign
 { English
Cubeb
Cloves
Grapes
Hops
Juniper Berries
Maces
Nutmegs

Pepper { White
 { Long

Quinces
Raspis, Red
Raysips, sol.
Straw Berries

Saffron
Walnuts green with husks
Zedoaria.

A

W

JUICES.

Lemons
Walnuts green, with the Husks

G + Others

Others of divers kindes.

Ambergreice
Allum
Benjamine
Camphire
Confection of Alkermes
Mitbridate
Musk
Treakle, Venice
Sirup of Gilliflowers
Storax
Sugar of divers sorts

Liquid Materials.

Wines of all kindes.
Beer and Ale
After-Worts, or Wash
Sugar-Waters
Tiles, Dregs, Lees, or Grounds of Beer or Ale
Lees of Wines
Spirits of Wine
Rose-water.

F I N I S.

20

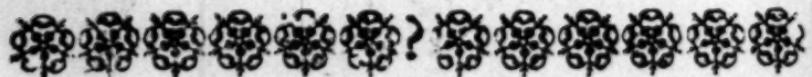
1812 - 1911
100 years
of
the
100th
Infantry
Regiment
U.S.A.

Memorial

A

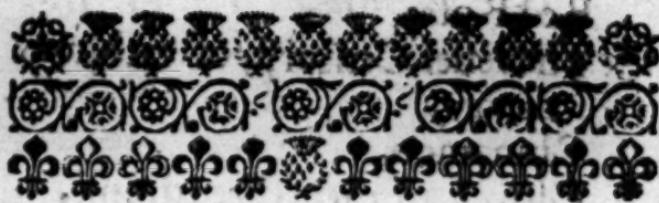
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**Choice Cordial Waters selected
and added Alphabetically in this
last Edition, out of the ablest ap-
proved Doctors and Professors in
Physick, both Ancient and Mo-
dern, both of our own, and other
Nations.**

A qua Ezoartica	Aqua Mariae
<i>Aqua radicum Lapparum</i>	<i>Aqua Mellis</i>
<i>Aqua insignis contra Crapulam</i>	<i>Aqua Cordialis Mont- fordii</i>
<i>Aqua contra Colicam</i>	<i>Aqua Odontalgica</i>
<i>Aqua contra Convulsi- ones</i>	<i>Aqua Pectoralis</i>
<i>Aqua Cælestis</i>	<i>Aqua Pestifuga, Doc'i Burges</i>
<i>Spiritus Castorei</i>	<i>Aqua Plateri Vomi- tiva</i>
<i>Aqua contra Calculum</i>	<i>Aqua anti Paralyptica</i>
<i>Aqua Diaphoretica</i>	<i>Doc'i Matthias</i>
<i>Aqua Gilberti</i>	<i>Aqua Purgativa</i>
<i>Aqua Historica</i>	<i>Aqua Theriacalis</i>
<i>Aqua Hydropica</i>	<i>Aqua Theriacalis Campbirata.</i>
<i>Aqua Imperialis</i>	
<i>Aqua Limacum Magi- stral.</i>	<i>Acetum Theriacale</i>
	<i>Aqua Vomitoria.</i>



CHOICE CORDIAL WATERS.

Bezoard Water is thus made.

Take of the Leaves of the Sallandine, together with the Roots thereof, three handfuls and a half,
 Rue two handfuls,
 Scordium four handfuls,
 Dittany of Crete,
 Carduus, of each a handful and half,
 Root of Zedoary,
 Angelica, of each three drams,
 The outward Rind of Citrons,
 Limons, of each six drams,
 The flower of Wall-gilly-flower,
 an ounce and half,

Red

Red Roses,
 The lesser Centory, of each two
 drams,
 Cinnamon,
 Cloves, of each three drams,
 Andromachus his Treakle three
 ounces,
 Mithridate an ounce and half,
 Camphire two scruples,
 Trochisces of Vipers two
 ounces,
 Mace two drams,
 Lignum Aloes half an ounce,
 Yellow Sanders a dram and
 half,
 The Seeds of Carduus an
 ounce,
 Citron fix drams.

Cut those things that are to be
 cut, and let them be macerated three
 days in the best Spirit of Wine, and
 Muscadine, of each three pints and
 half, Vinegar of Wall-gilly-flowers,
 and the Juice of Limons, of each a
 pint, let them be distilled in a glazed
 vessel in *Balneo*.

After half the liquor is distilled
 off, let that which remains in the
 Vessel

Vessel be strained through a linnen cloth, and vapored away to the thickness of honey, which may be called

A Bezoard Extract.

This Water is a great Cordial, and good against any infection.

*A Water against the Vertigo,
and Convulsions.*

R Of Black Cherries brused with their Kernels, a Gallon ; of the flowers of Lavander three handful, half an ounce of White Mustard-seed brused, mix these together, then put some Ferment to them, and let them stand close covered the space of a week, then distil them in Bulneo, till all be dry.

This Water being drank to the quantity of an ounce or two or two or three, doth much relieve the weakness of the head, and helps the Vertigo thereof, as also strengthens the sinews, and expels windiness out of the head and stomack.

*A Compound Water of Bur-root,
causing Sweat.*

Rx The Root of the great Bur,
fresh,
Swallow-wort, fresh.

The middle Rind of the Root
of the Ash-tree, of each two pound;
cut them small, and infuse them
Four and twenty hours in the best
White-Wine, and Rue Vinegar, of
each five Pints, then distil them in
Balneo till all be dry, put to the
Water as much of the Spirit of Sul-
phur *Per Campanam*, as will give it
a pleasant acidity; and to every
Pint of the Water, put a scrapple and
half of Camphire cut small, and
tied up in a Bag, which may con-
tinually hang in the water.

This was a famous Water in Ger-
many against the Plague, Pestilential
and Epidemical Diseases; it causeth
Sweat wonderful, if two or three
ounces thereof be drank, and the
Patient compose himself to Sweat.

A famous Surfeit Water.

R Of Red Poppy-Cakes (after the Water hath been distilled ~~from~~ them in a cold Still) not over-dried, two pound, pour upon them of the Water of Red-Poppy a Gallon and half, Canary-Wine three Pints ; adde to them of Coriander-seeds brused four ounces, of Dill-seed brused two ounces, of Cloves brused half an ounce, of Nutmegs sliced an ounce, of Rosemary a handful, three Orenge cut in the middle, distil them in a hot Still ; to the Water put the juice of six Orenge, and hang in it half an ounce of Nutmegs sliced, and as much Cinnamon brused, two drams of Cloves, a handful of Rosemary cut small, sweet Fennel-seeds brused an ounce, of Raifins in the Sun stoned, half a pound ; being all put into a Bag, which may be hanged in the Water (the vessel being close stopt) the space of a moneth, and then be taken out, and cast away, the Liquor

H 2 thereof

thereof being first pressed out into the foresaid Water.

This Water is of wonderful vertue in Surfets, and Pleurisies, composeth the Spirits, caufeth rest, helpeth digestion, if two or three or four ounces thereof be drunk, and the patient compose himself to rest.

A Water against the Colick.

R Of Anifeed three ounces.

Cumin-seed three drams.

Cinnamon half an ounce.

Mace,

Cloves,

Nutmeg, of each a dram.

Galingal, three drams.

Calamus Aromaticus, dried half an ounce.

The dried Rind of Orenges, two ounces.

Bay-berries, half an ounce.

Let all these being brused be macerated in six Pints of Mallago-Wine Forty and eight hours, then be distilled in *Salmo* till all be dry.

This

This Water being drank to the quantity of an ounce or two at a time, doth ease the gripings of the belly and stomach, very much.

A Water against the Convulsions.

Rx Of Ros Vitrioli (which is, that water that is distilled from Vitrial in the calcining thereof) two Quarts, in this put of Rue a handful, of Juniper-berries brused an ounce, of Bay-berries brused half an ounce, Piony-berries brused six drams, Camphire two drams, Rhubarb sliced an ounce; digest these four days in a temperate *Balneo*, then distil them in a Glass-vessel in ashes, and there will come over a water of no small vertue.

It cures Convulsions, in children especially, it helps also the Vertigo, the Hysterical passion, and Epilepsie, it is very excellent against all offensive vapors, and wind that annoyes the head and stomach.

It may be taken from two drams to two ounces.

Aqua Celestis is made thus.

R Of Cinnamon

Cloves

Nutmegs

Ginger

Zedoary

Galingal

Long-Pepper

Citron-Pill

Spicknard

Lignum-Aloes

Cububs

Cardamums

Calamus Aromaticus

Germannder

Ground-Pine

Mace

White Frankincense

Tormentil

Hermodactils

The Pith of Dwarf Elder

Juniper-Berries

Bay-Berries

The Seeds and Flowers of
Mother-wort

The Seeds of Small-age

Fennel

Fennel
 Anise
 The Leaves of Sorrel
 Sage
 Fell-wort
 Rosemary
 Marjoram
 Mints
 Peny-Royal
 Streehados
 The Flowers of Elder
 Roses Red and White
 Of the Leaves of Scabies
 Ruey
 The lesser Moon-wort
 Agrimony
 Century
 Fumitory
 Pimpernel
 Sow-thistle
 Eye-bright
 Maiden-hair
 Endive
 Red Saunders
 Aloes, of each two ounces
 Pure Amber
 The best Rhubarb, of each two
 Drams

H 4. Dried

Dried Figs

Raisins of the Sun

Dates, stoned

Sweet-Almonds

Grains of the Pine, of each an ounce.

Of the best *Aqua-vite* to the quantity of them all, of the best hard Sugar a pound, of white Honey half a pound, then adde

The Root of Gentian

Flowers of Rosemary

Pepper-wort

The Root of Briony

Sow-bread

Wormwood, of each half an ounce.

Now before these are distilled, quench gold being made red hot, oftentimes in the foresaid water, put therein oriental Pearls beaten small an ounce, and then distil it after twenty four hours infusion.

This is a very Cordial water, good against faintings and infection.

Spirit

Spirit of Castor is made thus.

Rx Of fresh *Castoreum* two ounces

Flowers of Lavender fresh, half an ounce

Sage

Rosemary, of each two drams

Cinnamon three drams

Mace

Cloves, of each a dram

The best rectified Spirit of Wine three Pints.

Let them be digested in a Glass (two parts of three being empty) stopp close with a bladder, and Cork two days in warm ashes; then distil the Spirit in *Balneo*, and keep it in a Glass close stopp. If you would make it stronger, take a pint of this Spirit, and an ounce of the Powder of *Castoreum*, put them into a Glass, and digest them into a cold place; for the space of ten days, and then strain out the Spirit.

This Spirit is very good against fits

fits of the Mother, passions of the heart, which arise from vapors, &c.

A Scorbutical Water, or a Compound Water of Horse-Radish,
is made thus.

Rx The Leaves of both sorts of Scurvy-grass being made very clean, of each six pound : Let these be bruised, and the juice pressed forth, to which adde the Juice of Brook-lime Water-cresses, of each half a pound Of the best white Wine eight pints Twelve whole Limons cut Of the fresh Roots of Briony four pound Horse-Radish two pound Of the bark of Winteran half a pound Of Nutmegs four ounces.

Let them be macerated three days and distilled.

Three or four spoonfuls of this water

water taken twice in a day cures the Scurvy presently.

An excellent Water against the Stone in the Kidneys.

R Of the middle Rind of the Root of Ash bruised, two pound Juniper-Berries bruised, three pound

Venice Turpentine that is very pure, two pound and half.

Put these into twelve pints of Spring-water in a Glass Vessel well closed, and there let them putrifie in horse-dung for the space of three moneths, then distil them in ashes, and there will come forth an Oyl, and a Water; separate the one from the other.

Ten or twelve drops of this Oyl, being taken every morning in four or six spoonfuls of the said Water dissolves the gravel, and stone in the Kidneys, most wonderfully.

Another

Another for the same use.

Rx The juice of Radish, Limons,
of each a pound and half: Waters
of Betony, Tansey, Saxifrage, and
Vervain, of each a pint, Hydromel
and Malmsey, of each two pound:
In these Liquors mixed together,
infuse for the space of four or five
days in a gentle Balneo, Juniper-
berries, ripe and newly gathered,
being brused, three ounces; the
seed of Gromel, Burdock, Radish,
Saxifrage, Nettles, Onions, Anise,
and Fennel, of each an ounce and
half; the four cold seeds, the seed
of great Mallows, of each fix drams;
the Calx of Egg-shels, Cinnamon,
of each three drams, of Camphire
two drams: Let all be well strained
and distilled in ashes.

Two ounces of this Water taken
every morning, doth wonderfully
cleanse the Kidneys, provoke Urine,
and expel the stone, especially if
you calcine the Faces and extract
the Salt thereof with the said water.

Usque-

*Usque-Bath, or Irish Aqua-vite,
is made thus.*

R A Gallon of small *Aqua-vite*, put it into a Glass vessel; put thereto a quart of Canary Sack, two pound of Raisins of the Sun stoned, but not washed, two ounces of Dates stoned, and the white skins thereof pulled out, two ounces of Cinnamon grosly brused, four good Nutmegs brused, an ounce of the best English Licorish sliced, and brused, stop the vessels very close, and let them infuse in a cold place fix or eight days; then let the Liquor run through a bag called *Masica Hippocratis*, made of white Cotten.

This Liquor is commonly used in surfeits, being a good Stomach-water.

Aqua Gilberti.

R Of Leaves of Scabies, Pimpernel, Dragons, Balm, Angelica, of the Purple flowers of Pimpernel,

I

and

and of Tormentil Roots, of each two handfuls ; gather them all in due season ; and so prepared, steep or macerate them in four Gallons and a Pottle, of good Spanish Wine ; and in all which, distil three Gallons and three Pints from it ; then adde thereunto, of the Cordial flowers, of each three ounces ; of Gilliflower six ounces ; of Saffron half an ounce ; of the Roots of Turmerich two ounces ; of Galingal, and Basil Seeds, of each one dram ; of Citron Pills dried, one ounce ; of Citron Seeds, *Carduus*, and Cloves, of each five drams ; of Harts-horn rasped four ounces : Infuse them for 24 hours space, and then distil them in *Balneo Mariae* ; then adde to the distilled water, half an ounce of prepared Pearls, of Red Corral prepared, and of eyes of Crabs prepared, and white Amber, of each two drams, of Crabs Claws finely powdered, six drams, of Oriental Bezoar, and Amber-greece, of each two scruples ; stop them well, and let them stand

stand infused in the heat of the Sun for six weeks, stirring and shaking them often together ; after filter the water, mingling twelve ounces of Sugar Candy, with six ounces of Red Rose-water, with four ounces of good Cinnamon-water, or Spirit well rectified. (The Species may be dried, and reserved for a temperate Cordial powder.)

This is held to be most excellent Cordial-water, against panting of the Heart, Swooning, and Faintness, Coldness, and Rawness of the Stomach ; also against Melancholy, and many other griefs, arising from coldness.

The Mether-water, commonly called Hysterical water, is made thus.

R Of the Juice of the Root of Briony four pound.

Leaves of Rue

Mug-wort, of each two pounds
Savin dried, three handful

Mother-wort

Nippe

I 2

Peny-

Penny-royal, of each two handfull.

Cretensian Dittany, of each a handful and half.

Garden Basil.

The Rind of Yellow Oranges, fresh, four ounces.

Myrrhe, two ounces

Castoreum an ounce

The best Canary Wine, twelve pints.

Let them be digested four days in a fit Vessel, then distil them in **Balneo**.

An Hydropical water.

R Of Worm-wood, Broom-blossoms, of each a like quantity, bruse them, and mix with them some Leaven; and let them stand in fermentation in a cold place, the space of a week, then distil them in a cold Still, till they be very dry: Take a Gallon of this water, and half a Gallon of the Spirit of Urine, pour them upon two pound of dried Broom-blossoms, half a pound of Horfe-Radish Roots dried, three ounces

ounces of the best Rhubarb sliced, two ounces of sweet Fennel-seed brused, and an ounce and half of Nutmegs ; let them digest a week being put into a Glass-Vessel, in a temperate *Balneo* ; then press the Liquor hard from the Fæces, put this Liquor in the said Vessel again, and to it put three ounces of sweet Fennel-seeds brused, Licorish sliced two ounces, digest them in a gentle heat, the space of a week, then pour it off from the Fæces, and keep it close stopt.

This water being drank from the quantity of an ounce to four ounces every morning, and at four of the clock in the Afternoon, doth seldom fail in curing the Dropsie ; it strengtheneth also the Liver, is very good against Gravel in the Back, Stone ; cures the Scurvy, Gout, and such diseases, as proceed from the weakness, and obstructions of the Liver.

Aqua Imperialis, is made thus.

R Of the Rind of Citrons dried

Oranges

Nutmeg

Cloves

Cinnamon, of each two ounces

The Roots of Flower-de-luce

Cyprus

Calamus Aromaticus

Zedoary

Galingal

Ginger, of each half a pound

Of the tops of Lavender

Rosemary, of each two handful

The leaves of the Bay-tree

Marjoram

Balm

Mints

Sage

Thyme

Flower of Roses white

Damask, of each half a handful

Rose-water four pints

The best White-wine, a Gallon.

Bruse what must be brused, then
infuse them all four and twenty
hours,

hours ; after which distil them.

This is of the same vertue as the former.

Aqua Limacum Magistral.

R. Of the Juice of ground Ivy; of Colesfoot, Scabies, spotted Lung-wort, of each one pound and a half ; of Purcelain, Plantane, Oyl of Jerusalem, Betony, of each one pound ; of fresh Swines Blood, and White-wine, of each four pound ; of Garden Snails, cut in twain two pound ; dry leaves of Tobacco, in number eight ; of Enulacampana half an ounce ; of Florentine Ireos one ounce, Roots of Licorish powdred, two ounces, Seeds of Cotten one ounce and a half ; of the greater Cold Seeds, and Anise seeds, of each six drams ; of Saffron one dram ; of Red-Rose flowers, six pugils ; of Violets and Borage, of each four pugils. Let them stand steeped or infused for three days warm ; and then let them be distilled, in Glass Vessels, by the heat of ashes dried.

I 4 This

This Water is good in languishing diseases, Cough, Consumption, Ptisick, Yellow Jaundies; and Melancholy, as Morphew, and dulness of Skin.

Aqua Maria, is thus made.

R Of Sugar Candid one pound
 Canary Wine, six ounces
 Rose-water, four ounces
 Make of these a Sirup, and boyl it well, to which adde
 Of *Aqua Imperialis*, two pints
 Amber-greece
 Musk, of each eighteen grains
 Saffron, fifteen grains
 Yellow Sanders infused in *Aqua Imperialis*, two drams.

Aqua Mellis.

R Four pound of very pure Hony, of dry Sand two pounds; put them in so large a Cucuibite or Gourd, that the matter may take up onely the fist part of the Vessel, and so in *Balneo* the Flegm, and in the Ashes by

by a little stronger degree of fire, a sharp yellow water may be drawn forth.

This water is good, taken inwardly in Cordial powders, or voluntary Potions.

Dr. Montfords Cordial water.

R Of Angelica leaves half a pound, *Carduus* leaves six ounces, of Balm and Sugar, of each four ounces, Angelica seeds six ounces, sweet Fennel seed nine ounces : Let the Herbs, and Seeds being dry, be grossly brused ; then put thereto the powder of Aromaticum Rosatum, and of Diamoschi Dulcis, of each one ounce and a half. Infuse these two days, and eight Pottles of good Spanish Wine ; then distil them according to art, and draw out ten Pints of the stronger water with a gentle fire ; which after two days standing, sweeten with a pound and a half of Sugar, dissolved in Rose-water over the fire.

Of the smaller Spirits, you may draw

draw forth fix Pints or more, for the Vehicles or mixtures of other Cordials.

This water is good against infection, in pestilential times, and comforteth the Vital, Natural, and Animal Spirits, weaken'd, dejected, or dispersed.

*A ſpecial Liquor againſt the
Tooth-ach.*

R Of Oyl of Cloves well rectified half an ounce, in it diſſolve half a dram of Camphire, adde to them of the Spirit of Turpentine four times rectified, in which half a dram of Opium hath been iuſſued, half an ounce.

A drop or two of this Liquor put into a hollow Tooth, with ſome Lint, eafeſeth the Tooth-ach presently.

A Pectoral water.

Diſtil Green Hysop in a cold Still till you have a Gallon and half of the

the water; to this put four handful of dried Hysop, a handful of Rue, as much of Rosemary, and Horehound, Elecampany-root bruised, and of Horse Radish Root brused, of each four ounces, of Tobacco in the Leaf three ounces, Anise-seed brused two ounces, two quarts of Canary wine; let them all stand in digestion two days, then distil them; and in the water that is distilled, put half a pound of Raisins of the Sun stoned, of Licorish two ounces, sweet Fennel-seeds brused, two ounces and a half, Ginger sliced an ounce and a half, and let them be infused in *Frigido*, the space of ten days, then take them out.

This Water sweetned with Sugar-Candy, and drunk to the quantity of three or four ounces twice in a day, is very good for those that are Ptifical, it strengthneth the Lungs, attenuates thick flegm, opens obstructions, and is very good to comfort the stomach.

Dr.

Dr. Burges his Plague water.

R Three Pints of Muscadine, and boyl in it Sage, and Rue of each a handful till a Pint be wasted, then strain it, and set it over the fire again, put thereto a dram of long Pepper, Ginger, and Nutmeg, of each half an ounce, being all bruised together ; then boyl them a little, and put thereto half an ounce of Andromachus Treakle, and three drams of Mithridate, and a quarter of a pint of the Angelica water.

This Water (which, as saith the Author, must be kept as your life, and above all earthly treasure) must be taken to the quantity of a spoonful or two, morning and evening, if you be already infected, and sweat thereupon : If you be not infected, a spoonful is sufficient, half in the morning, and half at night : All the Plague time, under God (saith the Author) trust to this ; for there was never man, woman, or childe, that failed of their expectation.

expectation in taking of it : This is also of the same efficacy, not only against the Plague, but Pox, Measles, Surfets, &c.

A vomiting Water is made thus.

Take of the best Tobacco in leaves, cut small, four ounces, Squils two ounces, Nutmegs sliced half an ounce, put these into three pints of Spring-water, a pint of White-wine-vinegar, distil them in a hot Still or Alembick.

If thou wouldest have it stronger thou maist put this water on fresh Ingredients, and distil it again.

A little quantity of this water is a most safe, and effectual Vomit, and may be taken from the eldest to the yongest, if so be you proportion the quantity to the strength of the Patient.

You may dulcifie it with Sugar, or syrup if you please.

K

A

Dulcified with Sugar
or Syrup

A Vomiting Water made by Platerus.

Take green Walnuts, gathered about Midsummer, Radish root, of each brused two parts, of distilled Wine-vinegar four parts, digest them five days, then distil them in Balneo.

This being taken to the quantity of two spoonful or three, causeth easie vomiting.

Dr. Matthias his Pulse Water is made thus.

Take of Lavender flowers a gallon; pour upon them of the best Spirit of Wine three gallons: the vessel being close stopped, let them be macerated together in the Sun for the space of six days, then distil them in an Alembick with its refrigeratory, then take the flowers of

Sage

Rosemary

Betony of each a handful.

Borage

Borage

Bugloss

Lilly of the vally

Cowslips, of each two handfuls.

Let all the flowers be fresh, and seasonably gathered, and macerated in a gallon of the best Spirits of Wine, and mixed with the aforesaid Spirit of Lavender, adding then the leaves of

Balm

Motherwort

Oreng tree newly gathered
the flowers of Stachados

Orenges

Bay-berries of each an ounce.

After a convenient digestion let them be distilled again, then adde the outward rinds of Citrons.

The seed of Piony husked, of each six drams.

Cinnamon

Nutmegs

Mace

Cardamums

Cubeb

Of Yellow Sanders, of each half
an ounce

Lignum Aloes one dram
the best Jujubs, the kernels tak-
en out, half a pound.

Let them be digested for the space
of six weeks, then strain and filter
the Liquor, to which adde of pre-
pared Pearl two drams.

Prepared Emrald, a scruple.

Ambergreece

Musk

Saffron,

red Roses

Sanders of each an ounce

Yellow Sanders

rinds Citrons dried, of each a
dram.

Let all these spices be tyed in a
filken bag, and hanged in the for-
said Spirit.

*A distilled Water that purgeth with-
out any pain or griping.*

Take of Scammony an ounce,
Hermodactyls two ounces; the seeds
of Broom, of the lesser Spurge, of
Dwarf-elder, of each half an ounce,
the juice of Dwarf-elder, of wilde
Asies,

Asses, Cucumber, of black Hellebore, the fresh flower of Elder, of each an ounce and half, Polypodium fix ounces, of Sene three ounces, Red-sugar eight ounces, common distilled Water six pints.

Let all these be brused, and infused in the water four and twenty hours, then be distilled in *Balneo*.

This Water may be given from two drams to three ounces, and it purgeth all maner of humors, opens all obstructions, and is pleasant to be taken, and they whose stomachs loath all other physick may take this without any offence.

After it is distilled, there may be hanged a little bag of Spices in it as also it may be sweetned with Sugar, or any opening syrup.

Treakle Water is made thus.

Take of the juice of the green shales of Walnuts four pound, the juice of Rue three pints.

Carduus,

Mary-gold,

K 3

Balm,

Balm, of each two pints.

The root of Butter-bur fresh, a pound and half.

Bur,

Angelica,

Master-wort fresh, of each half a pound.

The leaves of Scordium, four handfuls.

Old Andromachus treacle,

Mithridate, of each eight ounces
The best Canarie, twelve pints.

The sharpest vinegar six pints.

The juice of Limous two pints.

Digest them two days in Horse-dung, the vessel being close stopped, then distil them in sand.

Crollius bis Treacle water Camphorated

Take of Andromachus his Treacle, five ounces.

The best Mirrhe, two ounces and half,

The best Saffron, half an ounce, Camphire, two drams,

Mix them together, then power upon

upon them ten ounces of the best Spirit of Wine, and let them stand four and twenty hours in a warm place, then distil them in Balneo with a gradual fire, cohobate the Spirit three times,

This Spirit causeth sweat wonderfully, and resists all maner of infection.

It may be taken from a dram to an ounce in some appropriate Liquor, and then it will be good to drinke
A distilled Trefable Vinegar.

Take of the roots of
Bistort, Gentian
Angelica, Tansy,
Pimpernel, of each ten drams,
Bay-berries, Juniper-berries, of each an
ounce,

Nutmeg five drams,

The shavings of Sassafras, two
ounces, to do grise powder
Zedoary half a dram,

White Sanders, three drams,
 The leaves of Rue
 Wormwood
 Scordilim, of each half a hand-
 ful,
 The flowers of Wall-flower
 Bugloss, of each a handful and
 half.

Andromachus Treakle
 Mithridate, of each six drams.

Infuse them all in three pints of
 the best White-wine-vinegar; the
 space of eight days in *Frigido*, in
 glass vessels; then distill them in
Balneo.

This Spirit is very good to pre-
 vent them that are free from infec-
 tion, and those that already infected,
 from the danger thereof; if two or
 three spoonful thereof be taken once
 in a day, with sweating after; for
 those that are infected, but without
 sweating for others.

Aqua vitæ pestifuga.

Take a quart of good Spirit of
 Wine, or of very good *Aquavite*,
 infuse

infuse in it one ounce of very good Mithridate, with as much very good Venice Treakle ; let it stand close stoppt some few days, in the infusion, before you use it, then pour the Spirit clear off, and reserve it for your use upon occasion ; If you please you may draw it off, by way of a Spirit.

This Red Cordial water is good against infection ; whereof you must take a spoonful at a time, by way of prevention ; but somewhat more, if you fear your self to be infected, and sweat upon it.

Aqua alia Pestifuga.

Take a handful of Sage, and a handful of Rue, and boyl them in three pints of Muscadine or Sack, until one pint be consumed, then take it off the fire, and strain the Wine from the Herbs, then put into the Wine two penyworth of long Pepper, half an ounce of Ginger, and a quarter of an ounce of Nutmeg, all of them grossly brused ;

then let it boyl a little again ; This done, take it off the fire, and dissolve in it half an ounce of good Venice Treakle, and a quarter of an ounce of Mithridate, and put to it a quarter of a pint of strong Angelica water, and keep it in a glass close stopped for your use : For preservation, you shall take every morning a spoonful warm, laying your self down to sweat upon it, and so continue to take it twice a day , until you perfectly do recover : This water doth likewise cure the small Pox , the Measles , Surfets , and Pestilential Feavers.

Cordialis aqua alia Pestifuga, &c.

Take Sage, Rosemary, Rue, Celandine, Scabious, Agrimony, Mugwort, Worm-wood, Pimpernel, Dragons, Cardus Benedictus, Rosafolis, the Herb Betony, Marigold leaves, and the flowers, Ceratuary, Polipody of the Oak, and Scurvy-grass, of each of them one handful, and wash them, and swing them

them in a clean cloth till they be dry, then shred them small, and take the roots of Zedoary, Tormentil, Euplacampana, Angelica, Licorice, of each half an ounce, scraped and sliced, then take of the best Whise-wine eight pints; put them all into an earthen pot well leaded, and let them stand two days close covered, stirring them once in the day: Then distill them in a Linbeck with a temperate fire, letting it be two days and a night in the Still, keep the first pint by it self, of which you may take one spoonful at a time; of the next quart you draw, take twice as much at one time; of the next pint you may give to little Children a spoonful at one time. Lute the Still very well, so that no air may come forth, and keep it in close glasses stopped up for your use.

This Cordial water is good for the Plague, Pox, Measles, and all kinde of Convulsions and Feavers, and all pains of the Stomach.

ed with His thole mble and with
other like *Aqua Cordialis*. It will be
of use unto you to take of this

Re Olf Saffron half an ounce, of
Angelica Roots finely sliced one
ounce, of good Cloves six drams,
of Balm two handfuls, of Rose-
mary tops four handfuls; shrew'd
the Herbs and Roots, and beat the
spices grolly; then put them with
half a pound of Sugar, into three
Pints of small Cinnamon water, or
of small *Aqua-vite*, and let them
stand infused three or four days to-
gether; after boyl them, and let
the *Aqua-vite* burn (as you burn
Wine) stirring them all well toge-
ther, till near a Pint thereof be con-
sumed away, then strain it, and
when it is settled, pour off the clear
from the bottom; keep the clear
for your own use, and reserve the re-
mainder, which you may give away
unto poor people; for it will be
good and comfortable, though it
be not so strong.

The way to use it, is to take every
morning fasting one spoonful, and
after

after every meal, at each several time, one spoonful.

This Cordial is excellent good against Melancholly, Panting and trembling of the Heart, swooning, fainting, coldness, and rawness of the stomach; as also for many other griefs arising from a cold and moist complexion, very often proved with happy success. You may draw it, if you please, in a Still.

Aqua Raphani composite.

R. Of the Leaves of Garden, and of Sea Scurvy-grass, well picked and cleaned, of each six pounds, bruse them, and strain out the juice of them; then put thereunto, of the juices of Brooklime and Watercresses, of each a Pint and a half, of excellent good White Wine eight Pints, twelve whole Limons, cut and sliced, of Bryany Roots new gathered, four pounds, of wilde Radish two pounds, of winter Barks half a pound, of good choice Nutmegs four ounces; macerate them

L. for

for three days space, and then distil them.

Aqua Gentiane composita.

R. Of the Gentian Root, cut and sliced, a pound and a half, of the leaves and flowers of the lesser Centaury, of each four ounces; infuse them for eight days space, in twelve pints of excellent good White wine, and then distill them by a Limbeck.

Aqua Petasitichis composita.

R. Of the fresh Roots of the Herbi Petasitis or Harts-horn, a pound and a half, bruse them; of the Roots of Angelica and Masterwort, of each a pound and a half, macerate or infuse them in ten pints of stronger Unhopped Wort, then distil them, till the change of the favor or taste, shall assure you, that the strength of the Roots are intirely drawn forth of them.

Aqua

Aqua Scordii composita.

R Of the juice of Gulega, or Goats ear, of Sorrel, of Water Germanander, and of Citrons, of each one pound or pint, of good London Treakle half a pound: Infuse these together for three days, and distil them in a Glass Limbeck, by or to the heat of Ashes.

Aqua Papaveris composite.

R Of wilde Poppy leaves, called Corn Rose, four pints, sprinkle them with two points of good White wine, and then distil them in common Stills or Limbecks; let the distilled water coming thence, be sprinkled upon fresh flowers, and so three times repeated or renewed; then to every pint of this distilled water, put two good Nutnies, cut and sliced, one pugil of the wilde Poppy flowers, and of white pure Sugar two ounces; set them in the Sun, till they have gained a pleasant

sant sharpness ; And if it shall happen that in keeping it, it shall acquire a more then desired sharpnes, it may be refreshed with the mixture of the said water, not set as the same, wherewith Sugar is not mingled, which doth not soure it, or at least, not so easily and speedily.

Divers necessary circumstances concerning the art of Distillation, in way of drawing or extracting of Oyls out of Herbs or Spices.

1. It is very necessary that you have a Copper body, or Brass pot with a Pewter Limbeck, and a glass receiver, as fit instruments for extracting your Oyls; and the greater your pot, or body is, and the more you distil at once, you shall make both the less wast, and the Oyls wil be in less danger of burning.

2. Let the middle pipe of your Limbeck, through which your Oyl and water ascendeth, be as large again as the ordinary pipes are, and much shorter; and let the bucket, or

or cooler in the head, contain as much more cold water, as our ordinary Limbecks use to do.

13. If you have cause to draw much Oyl, at once, of one sort or kinde, then use the first water again, for the Vehiculum or carriage in your second drawing; because the same hath already received his glut of the Oyls, and will not be so hungry to devour your Oyls, as new and fresh water, that hath not been used to the same purpose before.

14. The water in the cooler may not boyl, but you must change the same so often as it groweth scalding hot, putting cold water in the plaee thereof.

5. You may begin your Distillation, with a pretty strong fire, till the Oyl beginneth to ascend; but afterwards let your fire be so temperate, as that your pipe which runneth into the receiver do never blow; but onely drap a space, or run trickling down the receiver.

6. Some use to macerate or infuse

fuse their splices the night before they distil, luting the Limbeck to their Brats pot, or Copper body: the best use thereof, is in my conceit, that the past or lute, will be so much the drier before they begin to work, but I conceive they gain not the more Oyl by that practise: And yet a Neopolitan did promise to double the Oyl of Aniseeds, by macerating them ten days before the distillation.

7. The flowers of Sage, Thyme, Lavender, Rosemary, and the like, do yield more Oyl then the leaves; and the seeds, more then the flowers.

8. To every pound of Seeds or Spices, adde one gallon of cleer fair water at the least.

9. Beat your seeds and splices somewhat grossly before you do put them into your pot or body.

10. All such Herbs whereof you intend to draw any Oyl, ought to be laid abroad in the Air to dry, five or six days, before you draw any Oyl from them, for by that means

means you may both distil more at once, and you shall also have more store of Oyl.

11. Those Herbs which are either hot in smell or taste, will yeild their Oyl in this maner in more plenty, then those which are of a mild and gentle smell or taste, as sweet Marjoram, the Rose, and the like.

12. Most of your Oyls will fleet upon the top of your water, but your Oyl of Cinnamon and cloves will fall unto the bottom, in the maner of a Balsamum; and some do hold it for one true mark of a natural Balsamum, if being poured out into another Oyl, it sinketh to the bottom.

13. Your Past must be made of Beane Flower, or some other course flower, tempered onely with water, or with some whites of Eggs well beaten; and during your Distillation, you must have some Past ready to stop all such breathing places in the joynts, whereout any wind may chance to issue.

14. Let your Receiver being of Hesson Glass contain two gallons or three pottles ; and for your receivers, you may choose those Glasses which they call bodies, when they are once cut off with hot irons, and fitted unto their Helms.

15. For the most part you shall have all the Oyls of your Herbs or Spices to ascend with the first pottle of water ; nevertheless, for the more surety you may draw off a gallon, and then prove what you can gather out of your last pottle.

16. You may divide your Oyls from your water, by putting the Water and Oyls, being temperately warm, either into a large head, that hath a short pipe, or for want thereof, into a great Glass funnel, stopping your finger at the bottom of the Pipe, till all the Oyl do float above the water, (except in Cloves and Cinnamon) and then letting the water have a gentle passage, by lifting up your finger a little, until you see the Oyl ready to run out with the rest, which you may easily perceive

perceive by the difference of their colours ; and then stop the hole with your finger again, and receive the Oyl into a several Glass by it self.

17. When you have divided the Oyls from the waters, then you may rectifie or purifie them, after this maner. Put all your Oyls that are of one sort, into a Glass body and hold the same carefully in some hot water, moving the same up and down at the first, least you break your Glass, until all the water be evaporated, and that you perceive the Oyls to become of a clear and transparent colour, and then keep them in fit convenient Glasses : Most of these Oyls will last exceeding long, without loosing their grace, except the oyl of Anise-seeds. But some instead of clarifying after the foresaid maner, do use to re-distil the same again in close small bodies, and heads of Glass, with some of the first water ; and some draw them from Rose-water. But note in this rectifying
by

by ascension, you shall loose a great part of their tincture, and also a great part of their strength and vertue.

18. If you have cause to draw many Oyls one after the other, having but one Limbeck for them all let the Oyl of Aniseeds be one of the last which you draw, because it will season the Limbeck so strongly, that you shall hardly go out the cent, but with great labor; and for the sweetning of your Limbeck, upon every change of strong Oyl, you may set the Limbeck loose upon the pot of water, or Copper body, and so urge up with fire, a great quantity of water out of your pot, till you finde the cent of the last Oyl to vanish; or else put some dry Rose leaves, or sweet Marjoram leaves into your water, and then make fire as did before.

19. Let the passage of your water, that standeth still in the Cooler, be very large, whether it be by Cok or Tampion: Some do emp-

ty their Cooler with a long crooked pipe, and set the same on running, by drawing the water down with their breath, a little at the first. It is requisite to have vessels of cold water ready at hand to pour in presently upon the emptying of your Cooler, or Bucket ; and if the same vessels be of equal content with the Bucket, you shall finde your labor the easier. I know some, that to avoid the continual labor of filling, and emptying of their Cooler, have placed a large vessel full of cold water in such maner, as that the same by turning of a Cock, may run droping continually into the Cooler : And in like maner, the Cock that is fixed unto the Cooler, may deliver as much water into another vessel, as it received from the uppermost.

20. Some hold opinion, that the best drawing of all vegetable Oyls, that will congeal in cold weather, is to be done in the Summer or Spring time ; but a skilful workman, will both draw them and divide

vide them at all times of the year.

21. Let there be always one third part of your Pot, or Copper body empty, so that there may be sufficient room allowed for the Spirits to play in.

How to rectifie the aforesaid Oyls.

When you have gathered some store of Oyl together, put the same into a small Glass body, or Cucurbit, setting the same in a gentle Balneo, till all the water be evapored away from the Oyl, and that the Oyl become of a most clear and bright colour. This maner of rectifying is used in the extracted Oyls of Spices, Seeds, and Flowers; But if you would rectifie Oyl of Amber, Jet, Wax, or any of those heavy and fatty Oyls, which must be urg'd up with a strong fire, then ybubbest way is to pour the Oyl upon a good quantity of Rose-water in a Glass-body, luting a helmet unto it; and so by rectifying the same often from Rose-water, a great

great part of that offensive and a-
dust swell, which they acquire in
their Distillations, will be removed
and taken away.

How to make extraction of all Herbs.

Some are so curious in this work,
as that no other water but the
distilled water of the Herb onely,
will satisfie their fancy herein, al-
though I see no great difference be-
tween the same, and an ordinary
water first distilled & divided from
his impurities ; but let the Chy-
mist, now he knoweth them both,
take which of them he listeth, sa-
ving that I finde it an infinite mat-
ter, to distil so much water, as
will be requisite for the gathering
of any quantity of this substance,
or tincture, as some please to term
it : But with whether of them so-
ever you begin, you ought to pro-
ceed after this maner.

After that you have macerated
great store of the Herb in several
waters, until such time, as you shall

M finde

finde each water, deeply dyed or
tincted with the colour of the Herb;
then having a large *Balneo*, wherein
you may place divers bodies of
Glass at once, you must evaporate
all the water, until in the end, you
leave nothing else but a stiff and
dry substance, which our Chymists
do call the extraction of the Herb:
Some do chuse rather to work up-
on the dry Herb, then the moist,
and others are of the contrary op-
inion; but if you work upon the
distilled water of the Herb, as upon
the Rose, Balm, Bugloss, *Carduus*
Benedictus, or any other such wa-
ter, of good use or account; then
it will not be amiss, to lute or set
your heads of Glass also upon the
bodies, with receivers thereby to
receive the water which ascendeth,
so as there may be no losſ of your
distilled waters, and yet you may
also attain to that ſecond water
which you expect. This extraction
hath been highly commended of
many Artifts, and it may be that
it hath ſome more known, and bet-
ter

ter uses in the practise of Phyfick, then as yet I conceive or imagine; But if I shall deliver my own singular opinion herein, I should think it to be, but the fine and subtile Earth of the Hērb or Flower, out of the which, some curious Limner may draw forth some excellent colour for this work; if he should make choice of the Flower de Luce, the White Rose, Blew-Bottle, Marigold, or some such other Flower, as if of any deep tincture. But I perswade my self, that no Philosophical Pyrotechnian, or exquisit Paracelsian, will ever finde any true Magistery tincture, quintessence, or Arcanum, as they term it therein.

*How to Clarifie without Distillation, as
well White Wine, as Clarret Wine-
Vinegar, wherewith you may make
either Gellies or Sauces.*

Chuse of the stronger Wine-Vinegar you can get, and unto every six pints thereof, put the Whites

of two new laid Eggs , beat them well together with a Wooden Spoon, until the Whites be turned into a froth or foam , then put the same into a new leaded or glased Pipkin, and cause the same to boyl a little over a fire of coals, but not with a flaming fire ; then let the same run through a course white Kersey jelly-bag, as they do use to pass jelly through ; and when it hath run through the same, twice or thrice at the most, it will be very clear, and will serve for the aforesaid purposes, and it will keep good for the space of one whole year : And in very same maner, you may fine or clarifie any maner of Wine whatsoever : But yet know, that that which you shall give after this way in the clearness, you shall loose in the strength of your Wine.



A Collection of certain Waters distilled of Herbs, Juices, Liquors, and Fruits.

The Water of Hemp.

THe congruent time of Distilling the Henap, is, That the tops as yet tender and green, shred small, be distilled by *Balneo Mariæ*, or in stead of that the common Still. This water greatly helpeth the pains of the Head, proceeding of a hot cause; if the Head, the Fore-head, and Temples, be often labored with the same. This also profiteth against any heat, in what part or member of the body it shall be, especially the Gout, if a linnen cloth dipped in the water, be applied to the place:

M 3 And

And this in the Winter use twice in the day, but in the Summer three times of the day.

Take of the water of the green Walnuts one ounce, of the water of Egrimony, an ounce and an half, of the water of Rue, half an ounce, of the water of Hysope three ounces, of the water of Hemp, four ounces, these mix together ; of which take half an ounce, adding to it half a dram of Mumia, half an ounce of Sugar Candy, and a dram of the Conserve of Roses ; this after the drinking warm to Bed, and lying down, well covered with cloths to sweat, expelleth those wicked humors, of which the Plague proceedeth : The same potion helpeth the Dropſie, taken in the ſame manner, and preſerveth a man from ſuch fickneſſes.

A water diſtilled of the Hempſeed, with the juyce of Garlick, of the ſame fashion that the Rose waſter is diſtilled, which is Coſemeti- cal, that is, profitable for garniſhing; for it cauſeth Hairs to grow in the

the bare and bald places , being often applied.

The Water of Walwort.

The best time of distilling the Walwort, is, when it beginneth to bear flowers, that then the whole Herb and Root finely shred and bestowed in a Cucurbit or Glafs Body , may be distilled by *Balneo Marie*; this water drunk with a littele Sugar, or the juyce of Raisins, unto the quantity of four or five ounces at a time, fasting, doth loose the belly : In the same maner drunk morning and evening , it availeth against the swellings of the body, but especially the Dropfie ; even so this drunk helpeth the quotidian Ague , Stitches and other pains in the fides; it profiteth against the outward swellings of the Body, by applying linnen clothes wet in the same: This water also removeth Stitches or other Griefs in the fides, by applying linnen cloths wet in it. This gargelled with a little of the

powder of Pellitory, helpeth the falling of the *Vvula* down ; this drunk warm (after the maner above taught) helpeth a dry Cough ; this gargelled the throat, helpeth that fwelling there, named *Angina* : The distilled water of the Roots finely shred, doth much mitigate the grievous dolor of the Gout, by daily drinking and applying linnen clothes wet in it, on the grieved places ; this also helpeth marvellously joynt Aches, by applying on the grieved places linnen clothes wet in it ; and eating a few of the tender green tops (whether two or three) in a Sallet, causeth a man to be soluble, and to have sundry stools : The water drunk with Syrup of Vinegar, helpeth a burning Ague. The powder of the leaves marvellously worketh in all sorts of Ulcers, in that the same affwageth pains, cleanseth them, and doth incarnate.

The Water of Imperatoria, false Pel-litory of Spain, or Master-wort.

The time aptest for Distilling the Herb *Imperatoria*, is, when it yeildeth the flowers, then the whole Herb with the Roots well shred (although some rather, will the Roots onely) require to be infused in Wine for twelve hours, after the bestowing into a Cucurbite, distil the whole (after Art) in *Balneo Mariae*: This water drunk, doth marvellously expel the wind of the Stomach, Bowels, and Belly; for which cause, available in the Chollick Passions, the Tortions of the Stomach: This also procureth the Terms in women, and moveth Urine; affwageth Tooth-ach, by washing the mouth therewith: the same mixed with Rosed Honey, and drunk warm, helpeth marvellously the Griefs and stranglings of the Womb or Matrix in women, and Conception greatly furthereth, where the impediment proceedeth of

of coldness. This water in like maner drunk warm, strengthneth the stomach, and causeth digestion: This water sundry times gargelled in the mouth, comforteth a cold Brain, and purgeth it effectuously of flegm: A dram of the Powder drunk with a quantity of the wa-
ter, prevaleth in cold sicknesses; so that this marvellously helpeth the loose parts of the body, Convulsions, and the Falling-sickness. This water mixed with Rosed Honey, and drunk with half a spoonful of the fine Powder of the Root, an hour before the coming of the fit, helpeth miraculously the quartan Ague: The water gar-
gelled in the mouth, amendeth the breath, and strengthneth all the senses; this drunk with half a spoonful of the Powder of the Root, helpeth the Plague, all maner of Poysons, the biting and stinging of venomous Beasts and Worms. This water drunk with Rosed Honey, and half a spoonful of pure Cinnamon water, amendeth such hardly

hardly fetching breath, openeth obstructions, helpeth the water between the skin and flesh, the Drop-sies, and diseases in the Milt; to be brief, It heateth all those parts of the body, where cold occupieth and offendeth.

The Water of the Blessed Thistle.

The commended time for the Distillation of the Blessed Thistle, is, that the Herb alone finely shred and stamped, be distilled by *Balneo Mariae*, in a Cucurbite of Glass about the end of May. This water drunk morning and evening, unto the quantity of two or three ounces at a time, with rosed Honey, purifieth the Blood, removeth Head-ach, comforteth and causeth a ready memory, breaketh the stone, putteth away giddiness of the Head, amendeth the Consumption of the body, and preserveth the person long in health; this like ministred, availeth against the Plague, and deadly Poysons, received as well within

within the body, as outwardly by the stinging or biting of venomous Beasts appliod upon. This water drunk with a dram of the Powder, before the coming of the fit, helpeth not onely the Quartain, but other Feavers, whose beginnings are with cold; this like drunk, helpeth the Falling-sickness in children; the water drunk with a quantity of rosed Honey, affwageth the griefs of the Bowels and Kidneys, ceaseth the other tortions of the Belly, and keepeth the body soluble: It also causeth sweating, slayeth the worms in the Belly, amendeth the defaults of the Stomach and Womb; the abovesaid quantity of the Powder drunk with pure *Aquavite*, not onely killeth the Worms in the body of children, but delivereth in short time the grievous pains of the body. A Paste made with the Powder of the Blessed Thistle, white Bread, and Honey, and distilled with white Wine, yeildeth a water singular, for the decayed sight of the eycs.

The Water of Pelliory of the Wall.

The time of the Distillation, is, that the whole Herb shred and infused in Wine, be distilled about the end of May in *Balneo Marie*; the water drunk with rosed Honey, for eight or nine days together, to the quantity of three ounces at a time, morning and evening, openeth the stopping of the Liver and Milt, purgeth the Kidneys and Bladder, ceaseth the griefs of the Matrix, and sendeth down the Terms in Women: the same drunk, morning and evening, unto the quantity of three ounces at a time, helpeth an old and continual Cough: the water simply of the Herb gargelled, and applied without, amendeth the Inflammation of the Throat: the abovesaid water drunk with a quantity of rosed Honey, availeth against the Strangulion, and gripings of the Belly, proceeding of Wind and cold Humors; the water applied with linnen clothes wet in it,

N. asswageth

affwageth swellings, and pain of the Gout, also the Shingles, Burning, or Scalding, and hot Ulcers.

The Water of Yarrow.

The congruent time of the Distillation of Yarrow, is, That the whole Herb shred and infused in Wine, be distilled about the end of May in *Balneo Marie*. This water drunk every morning (for a time together) to the quantity of four ounces at a time, and applying of it on the region of the heart, heateth a cold stomach; this also availleth against the Worms of the Belly, and difficulties of Urine: the water drunk with a dram weight of the fine powder of Cinnanion, stayeth the over-great Flux of the Termis; the rather, if the green Herb bruised, be applied at that time by a skilful Midwife. This water drunk sundry days, profiteth that person which hath lost his colour by much bleeding, and purgeth

purgeth the blood ; also fresh wounds washed with the same, and linnen clothes after the wetting in it , applied upon , morning and evening, doth speedily cure them. A handful of the Herb brused between two stones, and applied on fresh and bloody wounds, after the stitching of the Lips , if they be great, cureth them throughly within the space of Four and twenty hours, as of experience known by sundry persons : this water drunk, with Cow milk, unto the quantity of three ounces at a time , both morning and evening , helpeth the vehement heat of the Kidneys miraculously, and in short time ; and it like availeth in them, which have the Liver and Lungs ulcered, and this often experienced in many persons.

The Water of Angelica.

The aptest time for the Distillation of the most singular Herb Angelica , is , When this beginneth to yeild

yeild to flowers ; then the whole
Herb with the Roots (broken and
shred) infused a time in the besi
Wine, to be distilled by *Balneo Ma-
riae*, in a Cucurbite of Glass with
his head, and a large receiver set
to the Nose of it, well closed about
with Wax and Rozen mixed toge-
ther : this water (thus Artly distil-
led) by drinking a quantity sundry
mornings, doth not onely open,
attenuate, and expel eyil humors,
but marvellously prevaileth against
the Plague and deadly poysons :
the same drunk with a quantity of
rosed Honey, and a scruple weight
of the powder of Cinnamon , or
more , digesteth Flegmatick and
Clammy humors ; yea, this amend-
eth the Cough in short time pro-
ceeding of Cold, in that it causeth
the person more easily to spit up
gross and clammy flegm : the wa-
ter drunk divers mornings sweet-
ned with a little Sugar or rosed
Honey, doth recover and heal the
inner Ulcers of the Bowels , and
dissolveth the clotted blood within
the

the body, and strengtheneth the stomach. This water ministred with a little of Cinnamon water, and a scruple of the powder of the Root at a time, for sundry mornings, doth miraculously help swooning, and other passions or griefs of the heart: this water availeth against the biting of mad and venomous Beasts, applied outwardly with Rue, and received within the body, with a scruple weight of fine Treacle: hereof it cometh to pass, that certain of the later Phyſitians have a great opinion in the bestowing of the Root (of the Herb) in their medicines, for the expelling of poyſon.

The Water of the Nettle.

The Leaves and Flowers plucked off, require to be distilled about the thirteenth day of *July*, in *Balneo Mariae*: this water drunk at morning, noon, and at evening, unto the quantity of three ounces at a time, profiteth against the Chol-

lick passion, and gripings of the Bowels, it putteth away the Stone, and griefs of the Kidneys proceeding of Cold ; the like quantity drunk, helpeth an old Cough, the hard fetching of breath, and swooning , of an untemperate coldness proceeding, and like recovereth the Lungs cold : the same drunk a time together, prevaleth against worms of the Belly , and all maner of windy passions in the same ; it profiteth filthy and mattray wounds, and sores running, if they be often washed with the same , or linnen clothes wet in it be applied upon : if linnen clothes wet in the water of the red Nettle, be divers times applied, doth marvellously recover and help in a short time, the bite of a mad Dog. The water of the Roots purely washed and shred, before the distilling in the Canicular days, drunk morning and evening, unto the quantity of two or three ounces at a time, prevaleth against a long continuing and cold Chollick , ceaseth an old Cough, and breaketh the

the Impostumes of the Lungs : the water drunk and applied on the members, putteth away the deprivation of feeling, speech, and moving, and the Palsie; it also profiteth the Privy place, looseth the Belly, healeth the griefs of the Lungs, and is to be applied to the Brest : the same drunk morning and evening, to the quantity of two or three ounces at a time, putteth away the pain of the stomach, draweth down womens Terms, and expelleth the yongling dead : A dram weight of the Powder of the Seeds drunk with a quantity of thawater, and a little of Sweet Cuit of Raisins, provoketh a desire to the Venereal Act.

*The Water of Alkakengi, or
Winter Cherries.*

Of the Kernels gathered in the Moneth of *August*, and bruised, let the water be distilled in *Balneo Mariae*, according to Art ; this water daily drink at morning, noon, and

at evening, to the quantity of three or four ounces at a time (but to children and infants onely one ounce given) helpeth the Liver, the Stone of the Kidneys and Bladder: the water drunk in the same maner, stayeth the dropping of the Urine, speedily purgeth the Liver, Kidneys, and Bladder. This also drunk in the maner abovesaid, recovereth the grievous blistering and soreness of the Kidneys and Bladder, and right profitable for the pissing of Blood.

*The Water of Alchimilla, or
Lyons foot.*

Unto the congruent Distillation, the Root and Herb with the whole substance, requireth to be shred, and to be distilled about the end of May, or in the midst of June, in *Balneo Mariae*; this water drunk unto the quantity of three or four ounces at a time, both morning and evening, is not onely available for inward wounds, but healeth winding Ulcers

cers and Ruptures ; the water applied with linnen clothes wet in it, on outward wounds, doth not only asswage the evil heat, but also closeth them in short time : And this experienced in wound drinke, ministred by divers skilful Germans. A dram of the Powder of it, taken with three ounces of the wa-
ter, helpeth the falling of the Bow-
els into the Cod, or other Rupture
in short tinie, without any cutting ;
the like weight of the Powder,
given with the water (sweetned
with a little Sugar) for fifteen or
twenty days together, procureth
the woman (not apt to conceive,
through a coldness of the overmuch
moysture of the Womb, which let-
eth the retaining of the Seed inject-
ed) to conceive in short time after :
the distilled water drunk, and con-
ceived into the Womb, doth mira-
culously stay the Whites (or white
Flux from the Back) in Women ;
yea, by the daily injection is the
Privy place made so straight, that
she cannot be known from the chast

Maiden,

Maiden, the rather by sitting in the decoction, which then is sooner performed. This also draweth up hanging Paps or Breasts of Women, and causeth them to be fast and hard, if linnen cloth wet in it, with water of Horse-tails, and the dried pears of Roses, with other stiptick things, be often applied.

The Water of Barberies.

The Fruit of Barberies when they be ripe (as in *October*) require to be distilled in *Balneo Marie*: this wa-
ter given with the Syrup of Violets,
to the quantity of three ounces at a
time, morning and evening, doth
not onely cease thirst in vehement
and pestilent Agues, but suppress-
eth Chollerick and pernicious ex-
halations, causing an evil heat in
man: the same like drunk, pro-
fitteth against the heat of the Liver,
in the Chollick passion, in the Cast-
ing or Vomiting up of meat, in
Fluxes and painful gripings of the
Belly, and restoreth the appetite
weak.

weak. The water mixed with red Coral and drunk, stayeth the overmuch shedding of the Terms; the water drunk with the water of Grass, or Purcelane, or Southernwood, sweetned well with Sugar, killeth the Worms in the Belly; the water drunk sundry times, helpeth the spitting of Blood; it fastneth loose Teeth, if they be often washed with it; it strengthneth the Gums and Jaws, by often gargeling, and reppresseth the hot stillings from the head: The water closeth the fresh wounds in the upper face of the flesh, and drieth up old Ulcers, being orderly applied; nevertheless, this water harmeth them, which be grieved with pains of the stomach, proceeding of wind and coldness, and that hardly fetch breath.

The Water of Eryony.

The Root of Bryony shred small, requireth to be distilled about the end of May; this water drunk, to the

the quantity of four ounces at a time, with the Conserve of Quinces, and a little Mastique, helpeth digestion, cleanseth the Breast, mudiifieth the Brain, openeth the stoppings of the Bowels, causeth Urine, expelleth the Stone in the Kidneys, and delivereth the Falling-sicknes ; the water given with the Syrup of Roses, and Figs wrought together, doth marvellously help the Cough, and resolveth hard swellings, especially of the Milt ; the water drunk with a little Cinnamon, draweth down the Terms, purgeth the whole Womb, and expelleth the dead yongling, the rather if she fitteth in the decoction of the Roots ; the feet washed and labored with the same, prevaleth against the Gout. Four ounces of the water drunk, with a dram weight of some Cordial Powder, amendeth an evil stomach ; but eight ounces received at a time, looseth the Belly. The water affwageth the burning heat of the Shingles, putteth away unseemly Spots, Moles, and Pimples, yea,

yea, cleaveth a red and Leprous face, and amendeth the scars of wounds, if it be often applied after the form of a Liniment; the water applied with linnen clothes wet in it, doth recover a running Palfie, and putteth away a swelling, and the Kings Evil. The water sundry days drunk, doth marvellously help the suffocation or strangling of the Matrix, insomuch, that it throughly delivereth and healeth such of the same grief. And a woman daily vexed (in a maner) with this grief for certain years, was in the end throughly cured of the same, by drinking of the water boiled with an ounce of the Root, sweetned with Sugar (at the going to Bed) once in the week, for one whole year.

The Water of Shepherds Purse.

The Herb with the whole substance, gathered and shred small, requireth to be distilled in *Balneo Marie*, about the end of May, or

O begin-

beginning of June ; this water drunk morning and evening, to the quantity of three ounces at a time, with a little fine Bole and Plantain water, is profitable for all maner of Fluxes and gripings of the Belly, and helpeth the spitting up of blood ; in the same maner drank, stayeth the abundance of the Terms in Women, if they fit in the decoction of the Herb and *Persicaria* or Artissart : the water orderly applied, clofeth fresh wounds, and mitigateth the dolor of all wounds, by washing them often-times with it ; this also dropped warm into the Ears, amendeth the mattery running of them : the water applied with linnen clothes wet in it, on inflammations and the Shingles, mightily prevaleth ; yea, it stayeth all Fuxes of Blood, by applying linnen clothes wee in it round about, or on the place. This also commended for the washing of wounds on the head, in that it mightily stayeth bleeding ; and the same drank to the quantity of six or

or eight ounces sweetned with a little Sugar, stayeth the bleeding of wounds. The water restraineth the bleeding at the Nose, if a Pessary made with raw silk and dipped or wet in the same, be put up into the Nostrils ; the like it performeth, if with a linnen cloth wet in the wa-
ter, it be applied on the forehead.

The Water of Camomile.

The Herb Camomile, with the whole substance shred, requireth to be distilled by *Balneo Marie*, in a Cucurbita of Glass, about the end of *May*, or beginning of *June* : this water drunk morning and evening, to the quantity of two or three ounces at a time, sweetned with Sugar, doth mitigate the pain of the Belly, and gripings in the Bowels ; it strengtheneth the Sinews, taketh away the Pal sic, and softneth stiff members : the same quantity drunk with rosed Honey, looseth the Belly, purgeth downward Melancholy and Flegm, with other clammy

O 2 humors,

humors, and asswageth heat in the Bowels : The water in like quantity drunk , amendeth the Yellow Jaundise, openeth the Urinal ways, procureth Urine, and breaketh the Stone of the Bladden and Kidneys, by mixing the Saxifras water with it ; it moveth the Terms in Women, and expelleth the dead yongling (if any such be) in the Womb of the Woman , and all clammy humors besides of the Matrix : this water drunk, in the like maner abovesaid , doth put away Agues (without burning in the Bowels) proceeding of Cholerick humors , or by thickness of the Skin : It also openeth the Milt stopped, putteth away swelling of the stomach, by comforting and heating , it stayeth besides the Flux of the Belly , named *Lienteria* : In the abovesaid maner drunk , recovereth the Impostume of the Lungs, and amendeth the Leprosie ; the water applied with linnen clothes on the Ulcered Privities, asswageth heat, and diminisheth the pain ; the water drunk,

drunk, and applied with linnen clothes wet in it, doth speedily heal the bite and stinging of venomous Worms and Beasts; the water profiteth the Marrow or Bones, if they shall be felt cold, by often washing and rubbing of them with the same: It also comforteth the Brain, easeth Headach proceeding of a cold cause, stayeth the cold running of the Ears, and draweth downe evil humors from the Brain, gathered of cold, if the Head by a Lye made with the Flowers boiled in it, be well washed.

The Water of Hony-Suckles.

The time congruent to the Distillation, is, That the Flowers be stowed in a Cucurbita of Glass, be distilled by Bathed Marie, about the beginning of June; this water drunke four or five dayes, morning and evening, recovereth the Cardiack passion, and hard fetching of breath; the water drunke in the same manner, helpeth the Dropie,

the shortness of wind , causing a long breath , and purgeth the Stomack : This in like maner, prevaileth against the Stone of the Loyns , purgeth the Reins , and dissolveth the swelling of the Milt ; yet by drinking a long time together of this, procureth Barrennes all the life time : This water is profitable for them to drink, which fear the coming of the Lepry , and purgeth the blood ; it also amendeth the red Pushes in the face, putteth away Moles , and causeth a clear face, if it be divers times in the day washed with the same ; the water is effectuous for Palsie members , which be dried and consumed, if with the same they be daily rubbed ; it profiteth old and new wounds, washed morning and evening with the same ; it also healeth speedily old Ulcers on the Legs, as the worthy Chyururgeon Johannes de Vigo affirmeth , if they be often washed with the same ; this anointed on any swellings healeth them , or drunk morning and

and evening, to the quantity of three ounces at a time. The water doth like recover astonshed or benumbed parts of the body, by divers days drinking, or rubbing them with it; it healeth the burning or scalding, if the places shall be washed with the same, or linnen clothes wet in it, applied upon them; it healeth the Canker in the mouth, if it be often washed with the same, and the Gums ulcered within the mouth. A Canker washed with the same, morning and evening, or if linnen clothes wet in it be often applied, doth in short time cure the sore: the water dropped in the Eyes, doth amend a thick and dim sight; the water headeth a Fistula, putteth away Whelks, the Itch, and foul Seabs, by often washing with the same.

The Water of Centory to be lesser.

The time of distilling this Centory, is about the end of June; then the Stalks, Leaves, and Flow-

ers stirred together , require to be distilled by *Balneo Marie*, in a Cucrbite of Glass ; this water drunk morning and evening, to the quantity of three or four ounces at a time , is right profitable for them, which have a raw and cold stomach, for all that which is evil and hurtful in the same, it consumeth ; this drunk in the like quantity abovesaid , draweth and sendeth forth Choler , Flegme , and other gross humors by sieges : this water drunk of a childe, to the quantity of two ounces, but of a man (of full age) four ounces, in the morning fasting, expelleth the Wormis in the Belly ; the same drunk at the beginning of the fit, putteth away the Ague ; but drunk for three mornings fasting (sweetned with Sugar) availeth against all Agues : the water drunk in the maner abovesaid, helpeth the hard fetching of breath, and putteth away an old Cough ; the water drunk of a Woman, expelleth out of the Womb the dead yongling : this is right profitable for staying the

the desire to Vomit; and belching of
the Stomach ; it procureth an appe-
tite to meat, purgeth and expelleth
gross humors, of which are wont
to proceed Ach and pain in the
Hips, Feet, and Hands, the Jaundise,
and others like : the water sweet-
ned with Sugar, and drunk in the
morning fasting, recovereth the
stopping of the Liver, Loyns, Milt,
and Bladder, and amendeth the
hardnes of the Liver and Milt ; it
prevaleth against the Colick pas-
sion, and gripings of the Bowels.
The water closeth and cureth new
wounds big , if they be washed
with the same, or by linnen clothes
wet in it applied upon ; and old
Ulcers that may hardly be brought
to a scar , are doing in the same
maner covered with a scar : the
water drunk much availeth, in the
spitting of blood ; the water mix-
ed with a little Honey, and dropped
into the Eyes, greatly cleareth
them ; the same drunk, sendeth the
Terms. This drunk helpeth the
Sinews affected, by emptying and
drying

drying up the matter offending : the water sweetned with Sugar, and drunk fasting, is much available, for the obstructions of the Liver ; and applied as well without the body, as received inward, is a singular remedy in the hardness of the Milt.

The Water of Cherries.

The great, red, and sowre Cherries with short stalks, when they shall be ripe, are to be gathered ; and for two days spred abroad on a sheet, after distilled by *Balneo Marie*, in a Cucurbita of Glass : this water, drunk twice or thrice a day, to the quantity of four ounces at a time, sweetned with a little Sugar, doth restrain the Terms, the Flux *Dysenteria*, and all other Fluxes of the Belly : In the same maner drunk and applied without, amendeith the heat of the Liver, stomach, and other parts of the body, and comforteth the heart. The distilled wa-
ter of the Flowers, dropped into
the

the Eyes at evening, when the patient goeth to Bed, putteth away the Pin and Web, and other spots of the Eyes; and the water like putteth away the redness, and watering of the Eyes, if it shall be dropped into them, twice or thrice a day. The water of the Black Cherries (distilled in the same maner) drunk twice a day, to the quantity of three ounces at a time, helpeth the Dropfie; but it behoveth that the patient in the mean time refrain from taking any other drink: the water drunk in the same maner, removeth the deprivation and Palfie of members; so that they be washed and rubbed with the same, and let to dry in by it self: in like maner washing and gargelling the mouth with it, restoreth the use of the Tongue lost; also such annoyed with those griefs, ought daily to drink the water fasting, to the quantity of two ounces at a time: the water drunk helpeth swellings, and is available in burning, and pestilent Agues, in that it cooleth,

cooleth, ceaseth thirst, and yeildeth strength : the water (of the ripe Black Cherries, newly distilled in a Cucurbite of Glafs, by *Balneo Mariae*). drunk to the quantity of half an ounce at a time, or poured into the mouth at the time of the fit of the Falling-sickness , doth forthwith revive the person to knowledge of himself, and causeth him to be free from Convulsions and Cramps, until the next fit take him ; which assoon as it shall happen to come again , let that same quantity of the water be poured into the Patients mouth ; for this not onely shall let, but take away, and heal altogether the fit ; as the like of experience know. A certain Woman afflicted with the Falling-sickness , recovered health , and was delivered throughly of it, by the daily receiving (and at the fits) of the water distilled of the Black Cherries, the lesser Nettle, and the flowers of the Tree named *Tilia*. The water distilled of the Meat and Kernels brused together, doth send forth

forth the sand, procuring the Stone in the Kidneys and Bladder. The Gum of the Tree infused a time in this water, and drunk twice a day, is not onely available against an old Cough, but helpeth such as are vexed with the Stone.

The Water of Chervel.

The chosen time for the distilling of Chervel is, that the Herb, the Root, with the whole substance finely shred, be distilled by *Balneo Marie*, about the middle of May : this water drunk morning and evening, to the quantity of four ounces at a time, helpeth persons Bursten, and harmed by a grievous fall, and resolveth the blood clotted into lumps : the same drunk, helpeth the Stone of the Kidneys, and a great quantity drunk at a time, looseth the Belly, it causeth a good stomach, strengthneth and comforteth the Heart, putteth away the cold shivering or shaking of the Ague, amendeth the Head,

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and comforteth the fenses : the wa-
ter drunk in the maner abovesaid,
putteth away most great pains, and
prickings or stiches, it helpeth the
Lungs, and his affects or griefs.

The Water of Germanander.

The time of the Distillation is
about the niddle of *May*, then the
Herb with the whole substance shred
small requireth to be distilled by
Balneo Martæ ; the water drunk
fasting , to the quantity of four
ounces at a time, dissolveth the
swollen and hard Milt, provoketh
Urine, and sendeth down the
Terms : this drunk in like quanti-
ty , cutteth asunder the grois and
clammy humors, clenseth the stop-
pings of the Bowels, and expelleth
the yongling dead : this water for
an inward Rupture is right profit-
able , if to the quantity of four
ounces at a time, it be oftentimes
(in the day) drunk : this water
daily drunk, morning and evening,
to the quantity of three ounces at
a time,

a time, sweetned with a little Sugar, purgeth, and causeth good Blood, gladdeth the heart, refresheth and cooleth the Liver, especially if it shall be distilled with the flowers: the water also recovereth the exulceration of the mouth, if it be often washed with the same.

The Water of the Stock Gilliflower.

The congruent time for the Distillation is, about the end of April, or midſt of May, when the Flowers ſhall be full blown; then the Herb with the whole ſubſtance finely ſhred, ought to be diſtilled by *Balneo Mariae*, in a Cucurbite of Glass: this water drunk, morning and evening, to the quantity of two ounces at a time, recovereth the Frantick person, and comforteth the Brain: the water in the ſame manner drunk, strengthneth the Liver and Kidneys, procureth the Terms, cauſeth Women to be fruitful, cleaſeth them after the birth of Childe, and ſendeth forth the yongling

hing dead : In the same maner the water drunk, heateth and comforteth the heart cold, sharpneth the fenses and reason, joyeth the minde, clenseth and strengthneth the blood corrupt, heateth the marrow of the bones; and recovereth cold Fluxes. The Deprivation or Pallie of the Tongue, doth the water help ; or if the sides shall be molested with this evil, the water throughly recovereth, by drinking twice a day of it, or rubbing the members therewith : the water delivereth the trembling of the hands, if they be rubbed with the same; the like doth the water perform, drunk morning and evening. The water drunk morning and evening, to the quantity of two ounces at a time, temperateth the heat of the heart, comforteth and openeth the same ; the water dropped twice in the day, doth put away spots in the eyes, whether those shall proceed of heat, or of cold, and procureth a clear and fair face : the water ceaseth all pains of the head, by applying and binding

binding about the head, linnen clothes wet in it ; and in the same maner applied, procureth sleep to weak persons.

The Water of Dragons.

The congruent time of distilling is, That the Root shred and brused, be distilled by *Balneo Mariæ*, between the Moneths of *July* and *September* : the water drunk with a little rosed Honey, prevaleth against the Plague ; the water drunk morning and evening, helpeth the Cough, openeth obstructions, attenuateth gross Flegm, purgeth the Breast of evil humors, clenseth the Bowels, and helpeth the dropping of Urine ; the water is greatly available, if any shall happen to have a grievous fall, or be stricken, or pricked with weapon, or brused with staff, that the blood within the Body or Skin shall be congealed ; then take a Wine-pint of this water, and four ounces of Mustard-seed brused,

P 3 these

these after the tempering with four ounces of Charvel water , and strained through a cloth , and wringed out to the maner of Milk, give to drink (sweetned afore with half an ounce of Sugar Pennets) morning and evening, to the quantity of three ounces at a time, for this throughly helpeth in short time. If Cotton wet in the water, be laid on fresh wounds, stayeth the bleeding of them ; it also healeth wounds, by linnen clothes (wet in it) applied upon ; or by drinking morning and evening, to the quantity of two ounces at a time : the feit astonished, and without feeling by cold, washing morning and evening with the same water ; for it expelleth the cold, and mitigateth the grief : the perfon bit or stinged of a Snake or Adder, let him wash the grieved place with linnen clothes wet in it, and apply those upon the sore, for it speedily helpeth ; the like doth heal a Canker, if linnen clothes wet be applied.

The Water of the greater Comfrey.

The Roots with the whole Herb shred and bruised, require to be distilled by *Balneo Marie*, about the middle of the Spring : This water drunk helpeth such as are Bursten, and that have broken the Bone of the Leg, by taking of the same to the quantity of three ounces at a time, both morning, noon, and at evening: It healeth the chaps of the Lips, if they shall be washed with the same ; the water drunk, and linen clothes (after the wetting in it) applied upon, doth speedily heal wounds, and extinguisheth Inflammations, and ceaseth pains ; the water in the same maner applied, asswageth the burning of the Shingles, and expelleth outward swellings ; applied with Cotton wet in it, stayeth the bleeding of wounds ; the like it performeth, if mixed with any other drink, it be drunk twice or thrice a day : The water drunk twice a day, dissolveth

and sendeth forth the clots of blood congealed in the stomach, or in any other part of the body; and this applied with linnen clothes wet in it, doth marvellously cleane and cease the running of matterie Ulcers eaten in, hapning about the Privy place of man or woman.

~~and so doth ever with the~~

~~and~~ *The Water of Filipendula.*

The chosen time for distilling the same is, that the whole Herb with the Roots shred small, be distilled by *Balneo Marie*, about the end of May. This water drunk morning and evening, to the quantity of three ounces at a time, with a dram weight of the Powder of the Gentian Root, sweetned with Sugar, helpeth the staying back of the Urine, and dropping of the same; it also amendeth the coldness of stomach, and helpeth digestion. This in like maner drunk, helpeth such fetching the breath short and painfully, and all sicknesses proceeding of a cold cause: the water drunk in the like quanti-

ty abovesaid, mixed with a dram weight of the Powder of the Blessed Thistle, sweetned with Sugar, helpeth the Plague, and prevaleth against Poyson, eaten or drunk by hap : the water drunk morning and evening, to the quantity of four or six ounces at a time, sweetned with Sugar, easeth the griefs, and expelleth the Stone of the Kidneys and Bladder.

The Water of Hafil Nuts.

The green Hafil Nuts gathered and brused, require to be distilled by *Balneo Marie*, about the midst of July : this water well labored on the Hands and Arms, morning and evening, and let to dry in by it self, putteth away Scabbedness, and trembling or shaking of the hands. The water distilled of the fresh Hafil Nuts, drunk fasting, to the quantity of two drams at a time, miraculously helpeth the Colick, and gripings of the Bowels; a thing sure, and experimented often, as writeth the learned *Alexander Benedictus*.

The

The Water of Quinces.

The chosen time for distilling of Quinces is, when they be ripe, then they shred and bruised, require to be distilled by *Balneo Marie*, in a Cucrbite of Glass. This water to the quantity of four ounces, mixed with three ounces of thick Red Wine, and drunk morning, noon, and at evening, yeildeth fresh blood, and endeth an evil stomach, in that it comforteth and strengtheneth the same, retaineth the meat in it, and putteth away the will to Vomit; it also ceaseth belching of the stomach and vomiting, and restraineth all maner of Fluxes of the Belly, and comforteth all the members of the body, by daily and often drinking of it; the water amendeth the exulceration of the Throat, if it be often gargelled within the mouth. The water retained in the mouth, easeth thirst, healeth Tongue ulcereys, and cool eth the heat of the stomach: The water

water taken with a dram weight of some Cordial Powder at evening, procureth an appetite and desire to eat, yeildeth a great strength to the heart, and comforteth it, and putteth away Drunkenness. In the griefs of the Bowels this is not to be used, in that it restraineth ; and in Fevers this neither is to be ministred, when as any coveteth to have the Belly soluble. The water of Quince flowers (distilled by *Balne, Marie,* in a Cucurbite of Glass) drunk of Women, to the quantity of two ounces at a time, stayeth the great Flux of the Ternis ; in the same maner drunk, comforteth the heart, and stayeth the will to vomit and vomiting, by drinking to the quantity of three ounces at a time, morning, noon, and at evening.

F I N I S.